

IsaLean® Shake Cookies & Cream

Nutrition Facts	
14 servings per container	
Serving size	2 scoops (61g)
Amount per serving	
Calories	240
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 2.5g	
Cholesterol 50mg	17%
Sodium 220mg	10%
Total Carbohydrate 24g	9%
Dietary Fiber 8g	29%
Total Sugars 9g	
Includes 4g Added Sugars	8%
Protein 24g	48%
Vit. D 10mcg 50%	• Calcium 370mg 30%
Iron 0.5mg 2%	• Potas. 320mg 6%
Vit. A 450mcg RAE 50%	• Vit. C 36mg 40%
Vit. E 6.7mg 45%	• Thiamin 0.7mg 60%
Riboflavin 0.9mg 70%	• Niacin 7.2mg 45%
Vit. B6 1mg 60%	• Folate 204mcg DFE 50% (120mcg folic acid)
Vit. B12 5mcg 210%	• Biotin 14mcg 45%
Pantothenic Acid 2mg 40%	• Phosphorus 250mg 20%
Iodine 60mcg 40%	• Magnesium 160mg 40%
Zinc 5mg 45%	• Selenium 22mcg 40%
Copper 0.45mg 50%	• Manganese 1.2mg 50%
Chromium 28mcg 80%	• Molybdenum 27mcg 60%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Exclusive Myo-IsaLean® Complex [whey protein concentrate (undenatured), milk protein concentrate (undenatured), low-heat nonfat dry milk], soluble vegetable fiber, sunflower oil powder, natural flavors, fructose, chocolate cookie crumbs (tapioca starch, rice flour, sugar, cocoa powder, palm oil,§ salt, chocolate liquor, natural flavor, sodium bicarbonate), cellulose, xanthan gum, chia seed powder, medium-chain triglyceride oil powder, Ionic Alfalfa™ (*Medicago sativa*) stem and leaf extract, magnesium oxide, tricalcium phosphate, sea salt, potassium citrate, enzyme blend [lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), invertase (from *Saccharomyces cerevisiae*), protease (from *Aspergillus oryzae*), amylase (from *Bacillus subtilis*), bromelain (from *Ananas comosus*), papain (from *Carica papaya*), acid stable protease (from *Aspergillus niger*)], stevia (*Stevia rebaudiana*) leaf extract, vitamin C (ascorbic acid), magnesium stearate, silicon dioxide, molybdenum yeast, manganese gluconate, vitamin E succinate, potassium iodide, niacinamide, zinc oxide, vitamin A (beta carotene), vitamin D3 (cholecalciferol), copper gluconate, chromium chloride, sodium selenite, vitamin B5 (d-calcium pantothenate), biotin, vitamin B6 (pyridoxine HCl), *Lactobacillus acidophilus*, vitamin B2 (riboflavin), vitamin B1 (thiamin HCl), vitamin B12 (cyanocobalamin), folic acid, methylfolate (L-5-methylfolate calcium)

Contains milk ingredients.

§From RSPO-certified sustainable palm oil.

