

IsaLean® Shake Cookies & Cream

Nutrition Facts	
Serving Size: 2 Scoops (61 g)	
Servings per Container: 14	
Amount per Serving	
Calories 240	Calories from Fat 55
Calories from Saturated Fat 20	
% Daily Value*	
Total Fat 6 g	9%
Saturated Fat 2 g	10%
Trans Fat 0 g	
Polyunsaturated Fat 0.5 g	
Monounsaturated Fat 3 g	
Cholesterol 45 mg	15%
Sodium 220 mg	9%
Potassium 300 mg	9%
Total Carbohydrate 24 g	8%
Dietary Fiber 8 g	32%
Sugars 9 g	
Protein 24 g	48%
Vitamin A 50%	• Vitamin C 40%
Calcium 32%	• Iron 2%
Vitamin D 80%	• Vitamin E 35%
Thiamin 60%	• Riboflavin 70%
Niacin 45%	• Vitamin B6 60%
Folate 80%	• Vitamin B12 200%
Biotin 45%	• Pantothenic Acid 40%
Phosphorous 25%	• Iodine 40%
Magnesium 50%	• Zinc 45%
Selenium 40%	• Copper 50%
Manganese 60%	• Chromium 80%
Molybdenum 60%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories: 2,000 2,500	
Total Fat	Less than 65 g 80 g
Sat Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Protein	50 g 65 g
Calories per gram:	
Fat 9	• Carbohydrates 4 • Protein 4

Ingredients: Exclusive Myo-IsaLean Complex™ [whey protein concentrate (undenatured), milk protein concentrate (undenatured), low-heat nonfat dry milk], isomaltooligosaccharide powder, sunflower (*Helianthus annuus*) oil powder, fructose, natural flavors, chocolate cookie crumbs (tapioca starch, rice flour, sugar, cocoa powder, palm oil,§ salt, chocolate liquor, natural flavor, sodium bicarbonate), olive (*Olea europaea*) oil powder, flax (*Linum usitatissimum*) seed powder, xanthan gum, medium-chain triglyceride oil powder, Ionic Alfalfa™ (*Medicago sativa*) leaf extract, sea salt, stevia (*Stevia rebaudiana*) leaf extract, magnesium oxide, tricalcium phosphate, potassium citrate, enzyme blend [lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), invertase (from *Saccharomyces cerevisiae*), protease (from *Aspergillus oryzae*), amylase (from *Bacillus subtilis*), bromelain (from *Ananas comosus*), papain (from *Carica papaya*), acid stable protease (from *Aspergillus niger*)], magnesium citrate, silicon dioxide, yucca (*Yucca schidigera*) root powder, vitamin C (ascorbic acid), magnesium stearate, psyllium (*Plantago ovata*) seed powder, biotin, selenium amino acid chelate, vitamin E succinate, copper amino acid chelate, vitamin A (beta carotene), zinc oxide, manganese amino acid chelate, iodine amino acid chelate, niacinamide, d-calcium pantothenate, vitamin D3 (cholecalciferol), chromium amino acid chelate, niacin, molybdenum amino acid chelate, vitamin B6 (pyridoxine HCl), vitamin B12 (cyanocobalamin), riboflavin, *Lactobacillus acidophilus*, thiamin HCl, folic acid

Contains milk ingredients.

§From RSPO-certified sustainable palm oil.

