



NUTRITION AND SUPPLEMENT FACTS

Supplement facts are listed in alphabetical order

■ Ageless Actives™

Directions for use: Take two capsules twice daily as a dietary supplement preferably with meals. For Adults only.

Each capsule contains: Cholecalciferol (vit D3) 6.25 mcg (250IU), ubiquinol (Co-Enzyme Q10) 25 mg, *Linum usitatissimum* (Flaxseed) seed powder 15 mg.

Herbal extracts equivalent to: *Polygonum cuspidatum* dry root 10 mg, (equiv. 62.5 mg Resveratrol), *Punica granatum* (pomegranate) fresh fruit 25 mg, *Withania somnifera* (ashwagandha) dry root 5 mg, *Lycium chinese* (wolfberry) fresh fruit 5 mg, *Curcuma longa* (turmeric) dry root 5 mg, *Vitis vinifera* (red grape) fresh fruit 68.75 g.

Warning: If you are on warfarin therapy, do not take without medical advice. Not suitable for children. If you are pregnant, nursing, diabetic, on medication, have any medical condition, or are beginning a weight control program, consult your physician before using this product or any other dietary supplement. Vitamin supplements should not replace a balanced diet.

■ AMPED Hydrate™ – Juicy Orange

Serving size: ½ stick (10 g)

Each serve contains: Energy 35 cal, Protein 0 g, Fat: total 0 g, Saturated 0 g, Carbohydrate 9 g, Sugars 8 g, Dietary fibre 0 g, Sodium 110 mg, Potassium 95 mg, Vitamin C 40 mg, Vitamin B1 0.525 mg, Vitamin B2 0.6 mg, Vitamin B3 7 mg, Vitamin B6 0.7 mg, Folic Acid 140 mcg, Vitamin B12 2 mcg, Vitamin B7 25 mcg, Vitamin B5 1.75 mg, Zinc 4.5 mg, Chromium 40 mcg

Ingredients: Fructose, acidity regulators (330, 334), honey powder, orange (5%) (natural orange flavour, orange juice powder), dextrose, sodium chloride, potassium citrate, evaporated cane juice, silicon dioxide (551), betacarotene, natural sweetener (960), vitamin C (ascorbic acid), vitamin B3 (niacinamide), zinc oxide, alfalfa leaf, vitamin B7 (biotin), vitamin B5 (d-calcium pantothenate), vitamin B6 (pyridoxine hydrochloride), vitamin B1 (thiamin hydrochloride), vitamin B2 (riboflavin), chromium picolinate, vitamin B12 (cyanocobalamin), folic acid.

■ AMPED Hydrate™ – Lemon Lime

Serving size: ½ stick (10 g)

Each serve contains: Energy 35 cal, Protein 0 g, Fat, total 0 g, Saturated 0 g, Carbohydrate 9 g, Sugars 8 g, Dietary fibre 0 g, Sodium 110 mg, Potassium 95 mg, Vitamin C 40 mg, Vitamin B1 0.525 mg, Vitamin B2 0.6 mg, Vitamin B3 7 mg, Vitamin B6 0.7 mg, Folic Acid 140 mcg, Vitamin B12 2 mcg, Vitamin B7 25 mcg, Vitamin B5 1.75 mg, Zinc 4.5 mg, Chromium 40 mcg

Ingredients: Fructose, honey powder, acidity regulators (330, 334), lemon lime (4%) (lemon juice powder, natural lemon flavour, lime juice powder, natural lime flavour), dextrose, sodium chloride, potassium citrate, evaporated cane juice, silicon dioxide (551), vitamin C (ascorbic acid), natural sweetener (960), vitamin B3 (niacinimide), zinc oxide, alfalfa leaf, vitamin B7 (biotin), vitamin B5 (d-calcium pantothenate), vitamin B6 (pyridoxine hydrochloride), vitamin B1 (thiamin hydrochloride), vitamin B2 (riboflavin), chromium picolinate, vitamin B12, cyanocobalamin), folic acid

■ AMPED™ NOX

Serving size: 60 mL Servings per package: 6

Each bottle contains: Energy: 30 cal, protein: 1 g, fat: total 0 g, saturated 0 g, carbohydrates: 6 g, sugars: 2 g, dietary fibre: 1 g, sodium: 250 mg.

Ingredients: Purified water, garden blend 13% [Beet root extract, celery leaf and stem extract, red spinach leaf extract, fruit and vegetable extract blend (green tea leaf, red grape, white grape, bilberry, carrot, grapefruit, papaya, pineapple, strawberry, apple, apricot, cherry, orange, broccoli, green cabbage leaf, onion, garlic, black currant, asparagus, tomato, olive, cucumber)], apple juice concentrate, natural flavours, pomegranate juice concentrate, watermelon juice concentrate, acidity regulator (330), preservative (202), flavour enhancer (296), natural sweetener (960)

Note: Ask a physician to monitor you if you are taking blood thinners, nitroglycerin or other blood pressure medications. If you are pregnant, breastfeeding or have a medical condition, consult your physician before using this product. Discontinue use if adverse reaction occurs. For ages 18+.

■ AMPED™ Power

Directions for use: adults mix 1 scoop (14 g) with 240 mL purified water. If preferred, pour over ice. Drink immediately after mixing. Best consumed 15-30 minutes before training.

Each 14 g of powder contains: Creatine monohydrate 3 g, Glycine 3 g, Vitamin C (ascorbic acid) 30 mg, Propionyl-L-carnitine hydrochloride 500 mg, conc. herbal extract equiv. to Pomegranate (*Punica granatum*) fresh fruit 150 g.

Note: Contains sugars. Vitamin supplements should not replace a balanced diet. Seek professional advice before long-term use. If you are pregnant, nursing, diabetic, on medication or have a medical condition, consult your physician before using this product. Discontinue use if adverse reactions occur. For ages 18+.

■ AMPED™ Recover

Serving size: 2 scoops (13.5 g). Servings per container: 20

Each serve contains: Energy: 45 cal, protein: 0 g, fat: 0 g, saturated: 0 g, carbohydrates: 7 g, sugars: 5 g, sodium: 50 mg, leucine: 1824 mg, isoleucine: 872 mg, valine: 872 mg, L-carnitine: 1000 mg, glutamine: 500 mg, tyrosine: 100 mg, histidine: 50 mg.

Ingredients: Branched-chain amino acids 30% (leucine, isoleucine, valine), dextrose, levocarnitine tartrate, natural flavours, evaporated cane juice, fructose, acidity regulators (330, 331), glutamine, rice hull powder, red beet juice powder, tyrosine, histidine, sea salt, natural sweetener (960), betacarotene

Note: Contains sugars. Vitamin supplements should not replace a balanced diet. Seek professional advice before long-term use. If you are pregnant, nursing, diabetic, on medication or have a medical condition, consult your physician before using this product. Discontinue use if adverse reactions occur. For ages 18+.

■ Cleanse for Life™ – Natural Rich Berry Liquid

Serving size: 118 mL. Servings per bottle: 8

Each serving contains: Energy: 40 cal, protein: 0 g, fat: total 0 g, saturated 0 g, carbohydrates: 10 g, sugars: 8 g, dietary fibre: 0 g, sodium: 16 mg.

Ingredients: Water, fructose, natural flavours, Ionic Alfalfa (*Medicago sativa*) leaf, natural colours, Aloe vera, bilberry fruit (0.21%), blueberry fruit (0.12%), ashwagandha, acidity regulators (330, 332), raspberry juice (0.11%), thickener (415), Pau d'Arco, burdock, preservative (202), fennel, rhodiola, yellow dock, suma, liquorice root, siberian ginseng, peppermint leaf, turmeric, vitamin B3 (niacinamide), vitamin B6 (pyridoxine hydrochloride), choline bitartrate, inositol, betaine hydrochloride, L-methionine, purple carrot juice, vitamin B12 (cyanocobalamin).

■ Cleanse for Life™ – Natural Rich Berry Powder

Serving size: 1 scoop (6 g). Servings per container: 16

Each 6g of powder contains: Nicotinamide (Vit B3) 700 mcg, pyridoxine hydrochloride 640 mcg, cyanocobalamin (Vit B12) 0.9 mcg, potassium citrate 37.5 mg (equiv. 13.5 mg potassium), *Aloe barbadensis* (Aloe vera) inner leaf powder 157 mg

Concentrated herbal extracts equivalent to: *Vaccinium myrtillus* (bilberry) fresh fruit 1 g, *Withania somnifera* (ashwagandha) dry root 362.5 mg, *Rubus idaeus* (red raspberry) fresh fruit 1.3 g, *Foeniculum vulgare* (fennel) dry seed 140 mg, *Arctium lappa* (burdock) dry root 600 mg, *Rhodiola rosea* (rhodiola) fresh root 100 mg, *Eleutherococcus senticosus* (Siberian ginseng) dry root 90 mg, *Glycyrrhiza glabra* (liquorice) fresh root 90 mg, *Mentha piperita* (peppermint) fresh leaf 80 mg, *Curcuma longa* (turmeric) dry root 87.5 mg and *Medicago sativa* (alfalfa) equiv. whole plant juice 250 mg, choline bitartrate 5 mg, inositol 5 mg, L-methionine 5 mg.

Warning: Contains sugars. Vitamin supplements should not replace a balanced diet.

■ e+ Raspberry

Serving size: 60 mL. Servings per package: 6

Each bottle contains: Energy: 35 cal, protein: 0 g, fat: total 0 g, saturated 0 g, carbohydrate 8 g, sugars: 6 g, dietary fibre: 0 g, sodium: 10 mg, caffeine: 90 mg

Ingredients: Purified water, apple juice concentrate, glycerin, raspberry juice concentrate (1.5%), Siberian ginseng root extract, pomegranate juice concentrate,

hawthorn berry extract, European mountain ash berry extract, crampbark berry extract, natural flavour, flavour enhancer (296), leuzea root extract, yerba mate leaf extract, green tea leaf extract, chaga fruiting body extract, rhodiola root extract, Japanese aralia root extract, schisandra seed extract, Chinese liquorice root extract, stevia leaf extract, acidity regulator (311), D-ribose.

Caution: Contains caffeine comparable to a cup of regular coffee or premium tea. Do not mix with alcoholic beverages. Do not consume more than two bottles of e+ daily. Limit use of e+ if you are sensitive to caffeine or to avoid sleeplessness and occasional rapid heartbeat. Do not take if you are pregnant, breastfeeding, under 16 or have medical condition affected by caffeine. Discontinue use if adverse reaction occurs. If you are taking medication and/or have a medical condition, consult your healthcare professional before use.

■ e+ Lemon Lime

Serving size: 60 mL. Servings per Package: 6

Each bottle contains: Energy: 35 cal, protein: 0 g, fat, total : 0 g, saturated : 0 g, carbohydrate : 8 g , sugars : 5 g, dietary fibre : 0 g, sodium : 15 mg, caffeine: 90 mg.

Ingredients: Purified water, apple juice concentrate, glycerin, natural flavour, lime juice concentrate (1%), yerba mate leaf extract, Siberian ginseng root extract, green tea leaf extract, hawthorn berry extract, acidity regulator (331), cramp bark extract, leuzea root extract, rhodiola root extract, Japanese aralia whole herb extract, Chinese licorice root extract, stevia leaf extract, D-ribose, European mountain ash berry extract, schisandra berry extract, chaga fruiting body extract

Warning: Contains caffeine.

■ Essentials for Men™

Directions for use: Adults take 4 tablets daily as a supplement with meals.

Each tablet contains: Thiamine hydrochloride (vit B1) 6.75 mg, riboflavin (vit B2) 6.75 mg, nicotinic (vit B3) 6.31 mg, pyridoxine hydrochloride (vit B6) 12.2 mg, folic acid 125 mcg, cyanocobalamin (vit B12) 2.5 mcg, calcium pantothenate (vit B5) 21.74 mg, calcium citrate hydrate 4.88 mg (equiv. calcium 1mg), calcium carbonate 527.03 mg (equiv. calcium 195 mg), *Laminaria digitata* (kelp) blade and stem powder 8.33 mg (equiv. Iodine 25 mcg), agnesium oxide heavy 146.55 mg (equiv. magnesium 85 mg), agnesium citrate 105.63 mg (equiv. magnesium 16.27 mg), zinc amino acid chelate 833mcg (equiv. zinc 250mcg), copper gluconate 3.65 mg (equiv. copper 500 mcg), manganese amino acid chelate 2.63 mg (equiv. manganese 500 mcg), chromium picolinate 104 mcg (equiv. chromium 12.5 mcg), citrus bioflavonoids extract 17.5 mg, rutin 11.56 mg, hesperidin 1.66 mg, betacarotene 982 mcg, calcium ascorbate 30.49 mg (equiv. ascorbic acid 25 mg, equiv. calcium 3 mg), magnesium ascorbate 3.05 mg, (equiv. ascorbic acid 2.5 mg, equiv. magnesium 200 mcg), sodium ascorbate 2.81 mg (equiv. ascorbic acid 2.5 mg), hydroxyapatite 13.64 mg (equiv. calcium 3 mg), calcium gluconate 11.66 mg (equiv. calcium 1 mg), Mixed toopherols (high-alpha type) 7.54 mg, phytomenadione 20 mcg, biotin 75 mcg, potassium iodide 34.77 mcg (equiv. iodine 25 mcg), zinc oxide 3.75 mg (equiv. zinc 3 mg), zinc citrate hydrate 1.61 mg (equiv. zinc 500 mcg), selenomethionine 94 mcg (equiv. selenium 37.5 mcg), potassium citrate 34.72 mg (equiv. potassium 12.5 mg), borax 1.11 mg (equiv. Boron 125 mcg), R-alpha lipoic acid 5 mg, choline bitrate 2.82 mg, cysteine hydrochloride 2.56 mg, lycopene 1 mg.

Herbal extracts equivalent to dry: *Medicago sativa* (alfalfa) leaf 22.5 mg, *Serenoa repens* (saw palmetto) fruit 100 mg, *Vitis vinifera* (grape) fruit 2.5 g, *Camellia sinensis* (green tea) leaf 100 mg, *Punica granatum* (pomegranate) fruit 8 mg, *Silybum marianum* (milk thistle) seed 80 mg.

Warning: Not suitable for children. This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adult men of selenium from dietary supplements should not be exceeded.

■ Essentials for Women™

Directions for use: Adults take 4 tablets daily as a supplement with meals.

Each capsule contains: thiamin hydrochloride (vit B1) 8.42 mg, riboflavin (vit B2) 8.68 mg, nicotinic acid (vit B3) 5 mg, pyridoxine hydrochloride (vit B6) 12.2 mg, folic acid 125 mcg, cyanocobalamin (vit B12) 12.5 mcg, calcium pantothenate (vit B5) 21.74 mg, calcium citrate hydrate 4.88 mg (equiv. calcium 1 mg), calcium carbonate 586.49 mg (equiv. calcium 217 mg), *Laminaria digitata* (kelp) blade and stem powder 8.33 mg (equiv. iodine 25 mcg), magnesium oxide heavy 146.55 mg (equiv. magnesium 85 mg), magnesium citrate 105.63 mg (equiv. magnesium 16.27 mg), zinc amino acid chelate 833 mcg (equiv. zinc 250 mcg), copper gluconate 3.65 mg (equiv. copper 500 mcg), manganese amino acid chelate 2.50 mg (equiv. manganese 500 mcg), chromium picolinate 104 mcg (equiv. chromium 12.5 mcg), citrus bioflavonoids extract 17.5 mg, rutin 17.38 mg, hesperidin 4.13 mg, beta carotene 982 mcg, calcium ascorbate 30.49 mg (equiv. ascorbic acid 25 mg, equiv. Calcium 3 mg), magnesium ascorbate 3.05 mg (equiv. ascorbic acid 2.5 mg, equiv. magnesium 200 mcg), sodium ascorbate 2.81 mg (equiv. ascorbic acid 2.5 mg), hydroxyapatite 13.64 mg (equiv. calcium 3 mg), calcium gluconate 11.66 mg (equiv. calcium 1 mg), mixed tocopherols (high-alpha type) 15.08 mg, phytomenadione (vit K1) 20 mcg, biotin 125 mcg, potassium iodide 34.77 mcg (equiv. iodine 25 mcg), zinc oxide 3.75 mg (equiv. zinc 3 mg), zinc citrate hydrate 1.61 mg (equiv. zinc 500 mcg), selenomethionine 63 mcg (equiv. selenium 25 mcg), potassium citrate 34.72 mg (equiv. potassium 12.5 mg), R-alpha lipoic acid 5 mg, choline bitartrate 2.82 mg, cysteine hydrochloride 2.56 mg.

Herbal extracts equivalent to dry: *Medicago sativa* (Alfalfa) leaf 22.5 mg, *Punica granatum* (pomegranate) fruit 8 mg, *Vitis vinifera* (Grape) fruit 2.5 g, *Camellia sinensis* (green tea) leaf 100 mg, *Silybum marianum* (milk thistle) seed 80 mg, *Linum usitatissimum* (flax) seed 40 mg.

Warning: Not suitable for children. This product contains selenium which is toxic in high doses. A daily dose of 105 micrograms for adult women of selenium from dietary supplements should not be exceeded.

■ Fibre Snacks™

Serving size: 1 bar (35 g), Servings per package: 12

Energy: 150 cal, protein: 6 g, fat: total 6 g, saturated 1 g, carbohydrate: 19 g, sugars: 6 g, dietary fibre: total 6 g, insoluble 2 g, soluble 4 g, sodium: 95 mg, potassium: 125 mg, calcium: 20 mg, iron: 0.36 mg

Ingredients: peanuts (20%), inulin, whey protein crisp (whey protein concentrate, rice flour), brown rice syrup, fructose, peanut butter (peanuts), glycerine, chocolate flavoured coating (sugar, fractionated palm kernel oil, cocoa, whey nonfat milk, lecithin, natural flavour) rice flour, water, corn bran, flaxseed, partially defatted peanut flour, high oleic safflower oil, natural flavour, maltodextrin, astragalus root powder, salt, acai fruit extract, rice bran, honey, caramel added for colour, goji berry extract, broccoli powder, cabbage powder, carrot powder, spinach powder, tomato powder, tocopherols (306) added to protect flavour, calcium carbonate, soybean oil.

Warning: Contains peanut, milk, and soybean ingredients. Produced on equipment that also processes tree nuts, egg, wheat, oats, barley and sesame.

■ Harvest Thins™ – Thai Sweet Chilli

Servings per package: 10. Servings size: 1 packet (24 g)

Av. Quantity per serving: Energy: 100 cal, protein: 11 g, fat, total: 2.5 g, saturated: 0 g, carbohydrate: 8 g, sugars: 2 g, dietary fibre: 0 g, sodium: 370 mg.

Av. Quantity per 100 serving: Energy: 417 cal, protein: 46 g, fat, total: 10 g, saturated: 0 g, carbohydrate: 33 g, sugars: 8 g, dietary fibre: 0 g, sodium: 1540 mg.

Ingredients: Pea protein chip (85%) (pea protein isolate, potato flakes, potato starch, salt, calcium carbonate), Thai sweet chilli seasoning blend (cane sugar, salt, yeast extract, maltodextrin, dried onion, dried garlic, dried tomato, jalapeno pepper powder, safflower oil, spices, parsley, acidity regulator (330)), spice extract, paprika extract, natural flavour), sunflower oil

■ Ionix® Supreme Liquid

Serving size: 30 mL. Servings per container: 32

Each 30 mL of liquid contains: Thiamine hydrochloride (vit B1) 4 mg, riboflavin (vit B2) 7 mg, pyridoxine hydrochloride (vit B6) 8 mg, vit B12 50 mcg, niacin (vit B3) 11 mg, zinc 8 mg, black strap molasses 8000 mg, sorrel flower 200 mg, ionic tri-mineral complex (calcium, phosphorus, potassium) 168 mg, stevia 22 mg, alpha lipoic acid 20 mg, Tribulus terrestris 10 mg, Siberian ginseng 10 mg, schisandra 10 mg, wolfberry 10 mg, Mucuna pruriens 6 mg, Rhododendron caucasicum 5 mg.

Also includes: Citric acid, betaine hydrochloride, water, potassium sorbate, sodium benzoate, blueberry leaf, blueberry juice, bamboo, bacopa, ashwaganda, amla berry, ginger, hibiscus, kiwi fruit, watermelon fruit, shilajit, harada, maca, Rhodiola rosea, folic acid.

Warning: Contains sugars. Vitamin supplements should not replace a balanced diet. Not suitable for children.

■ Ionix® Supreme Powder

Serving size: 1 scoop (7.5 g). Servings per container: 32

Each scoop contains: Nicotinamide (vit B3) 13 mg, pyridoxine hydrochloride (vit B6) 1.2 mg, cyanocobalamin (vit B12) 6.75 mcg, thiamine hydrochloride (vit B1) 1.1 mg, riboflavin (vit B2) 1 mg, zinc oxide 6.2 mg (equiv. zinc 5mg), folic acid 250 mcg, dimethyl sulfone (MSM) 20 mg, R,S-alpha lipoic acid 25 mg, *Vaccinium myrtillus* (bilberry) fresh fruit juice 200 mg.

Concentrated herbal extract equivalent to dry: *Zingiber officinale* (ginger) root 20mg, *Medicago sativa* (alfalfa) leaf 500mg, *Lycium barbarum* (wolfberry) fruit 400mg, *Hibiscus sabbdariffa* (hibiscus) flower 200mg, *Withania somnifera* (ashwagandha) root 120mg, *Citrullus vulgaris* (watermelon) fruit juice 140mg, *Rhododendron aureum* (rhododendron) leaf 125mg, *Terminalia chebula* (harada) fruit 150mg, *Rhodiola rosea* (rhodiola) root 120mg, *Eleutherococcus senticosus* (Siberian ginseng) root 100mg, *Phyllanthus emblica* (amla) fruit 125mg, *Bacopa monnieri* (bacopa) herb 125mg, *Tribulus terrestris* (tribulus) fruit 80mg, *Bambusa breviflora* (bamboo) stem 375mg, *Schisandra chinensis* (schisandra) fruit 60mg, *Arctium lappa* (burdock) root 200mg.

Warning: Contains sugars. Vitamin supplements should not replace a balanced diet. Not suitable for children.

■ Isagenix Greens™

Serving size: 1 packet (10 g), Servings per package: 30

Energy: 30 cal, protein: 1 g, fat: total 0.5 g, saturated 0 g, carbohydrates: 5 g, sugars 1 g, dietary fibre: total 3 g, insoluble 1 g, soluble 2 g, sodium: 5 mg

Ingredients: Rice bran, inulin, pineapple juice, natural flavours (green apple, cucumber, citrus), alfalfa leaf, spirulina, natural sweeteners (967, 960), carrot (45% w/w), bamboo (70% silica), thickener (412), papaya, chlorella, parsley leaf, bilberry fruit, dandelion root, ginkgo biloba leaf, green tea leaf (50% polyphenols, 35% catechins), astragalus root, milk thistle seed (80% silymarin), cinnamon bark, brussels sprouts (0.5% w/w), ionic alfalfa leaf, grape seed (95% proanthocyanidins), chia seed, beet juice, turnip root, tomato fruit (0.2% w/w), red clover flower, cilantro leaf, dulse leaf, Siberian ginseng root, maitake, shiitake, cordyceps (7% cordycepic acid)

■ Isagenix Snacks™ – Dairy Free Natural Wild Berry

Serving per package: 30, Serving size: 2 wafers (7 g)

Each wafer contains: Energy: 30 cal, protein: 1 g, fat: total: 1 g, saturated: 0 g, carbohydrates: 4 g, sugars: 2 g, dietary fibre: 1 g, sodium: 10 mg.

Ingredients: Plant-based protein blend (20%) (pea protein concentrate, brown rice protein concentrate), wholegrain rice milk powder, coconut palm sugar, sunflower (Helianthus annuus) oil powder, apple (Malus domestica) fruit powder, binding agent (322), mixed berry (blackberry, blueberry, raspberry) fruit powder, flax (Linum usitatissimum) seed powder, isomaltooligosaccharide powder, banana (Musa paradisiaca) fruit powder, chia (Salvia hispanica) seed powder, glazing agent (570), anticaking agent (551), blackberry (Rubus spp.) fruit powder, blueberry (Vaccinium corymbosum) fruit powder, olive (Olea europaea) oil powder, Morello cherry (Prunus cerasus) fruit powder, flavour enhancer (330), passionfruit (Passiflora edulis) powder, peach (Prunus persica) fruit powder, pineapple (Ananas comosus) fruit powder, raspberry (Rubus idaeus) fruit powder, vegetable and fruit powder (apple, carrot, red beetroot), natural berry flavour, alfalfa (Medicago sativa) leaf extract, inulin, tomato (Lycopersicon esculentum) pulp powder, watermelon (Citrullus lanatus) fruit powder.

■ Isagenix Snacks™ – Natural Chocolate

Serving size: 2 tablets (7.2 g). Servings per package: 30

Each tablet contains: Energy: 29 cal, protein: 1.52 g, fat: total 0.931 g, saturated: 0.462 g, carbohydrates: 3.68 g, sugars: 3 g, sodium: 18.3 mg, chromium: 24 µg, L-methionine: 12 mg

Other ingredients: fructose, low-heat non-fat milk solids, milk protein (calcium caseinate and whey protein concentrate), emulsifier (soy lecithin), stabilisers (silicon dioxide, magnesium stearate), cocoa (5.7%), chocolate flavour, milk flavour, salt, L-methionine, chromium picolinate.

Warning: Contains milk and soy.

■ IsaDelight™ – Dark Chocolate

Serving size: 1 chocolate (11.4 g). Servings per package: 30

Each serve contains: Energy: 50 cal, protein: 1 g, fat: total 4 g, saturated 2.5 g, carbohydrates: 5 g, sugars: 3 g, dietary fibre: 1 g.

Ingredients: dark chocolate (87%) (chocolate liquor (no alcohol), sugar, cocoa butter, soy lecithin (emulsifier) and vanilla), IsaDelight Amino Complex (DL-phenylalanine, gamma-aminobutyric acid, magnesium oxide, glycine, tri-calcium phosphate, inulin, taurine, niacinamide, green tea extract, inositol, lecithin, vitamin B6, cholecalciferol, folic acid, and vitamin B12).

Warning: Contains milk and soy (lecithin) ingredients. Manufactured in a facility that also processes tree nuts, peanuts and wheat.

■ IsaDelight™ – Milk Chocolate

Serving size: 1 Chocolate (11.4 g). Servings per package: 30

Each serve contains: Energy 60 cal, Protein 1 g, Fat, Total 3 g, Saturated 2 g, Carbohydrate 6 g, Sugars 5 g, Dietary fibre 0 g, Sodium 5 mg

Ingredients: Milk chocolate (87%) [sugar, milk, cocoa butter, chocolate liquor (no alcohol), soy lecithin (emulsifier), vanilla], IsaDelight Amino Complex (DL-phenylalanine, gamma-aminobutyric acid, magnesium oxide, glycine, tricalcium phosphate, inulin, taurine, niacinamide, green tea extract, inositol, lecithin, vitamin B6, cholecalciferol, folic acid, vitamin B12)

Warning: Contains milk and soy (lecithin) ingredients. Manufactured in a facility that also processes tree nuts, peanuts and wheat.

■ IsaDelight™ – Milk Chocolate with Sea Salt and Caramel flavour

Serving size: 1 Chocolate (11.4 g). Servings per package: 30

Each serving contains: Energy: 60 cal, protein: 1 g, fat: total 3.5 g, saturated 2 g, carbohydrates: 6 g, sugars: 5 g, dietary fibre: 0 g, sodium: 35 mg.

Ingredients: Milk chocolate (84%) [sugar, milk, cocoa butter, chocolate liquor (no alcohol), soy lecithin (an emulsifier), vanilla], IsaDelight™ Amino Complex [DL-phenylalanine, gamma-aminobutyric acid, magnesium oxide, glycine, tricalcium phosphate, inulin, taurine, niacinamide, green tea extract, inositol, lecithin, vitamin B6 (pyridoxine hydrochloride), cholecalciferol, folic acid, vitamin B12 (cyanocobalamin)], natural caramel flavour, sea salt.

Warning: Contains milk and soy (lecithin) ingredients. Manufactured in a facility that also processes tree nuts, peanuts and wheat.

■ IsaFlush™

Directions for use: Adults take one capsule twice daily.

Each capsule contains: magnesium (from magnesium oxide) 201 mg, *Juglans nigra* (black walnut) fruit hull powder 25 mg, herbal extracts equivalent to dry: *Hyssopus officinalis* (hyssop) herb 100 mg, *Mentha X piperita* (peppermint) leaf 25 mg.

Other Ingredients: maltodextrin, microcrystalline cellulose, bentonite, anhydrous citric acid, magnesium stearate, silicon dioxide, stearic acid and hypromellose.

Warning: Always read the label. Use only as directed. Drink plenty of water.

■ IsaGenesis™

Directions for use: Adults take 2 capsules twice daily.

Each Softgel Contains: Cyanocobalamin (vitamin B12) 7 mcg, ascorbic acid (vitamin C) 10 mg, betacarotene 1 mg, R-alpha lipoic acid 7 mg, quercetin dihydrate

4 mg, pomegranate (*Punica granatum*) fresh fruit juice 36 mg, harada (*Terminalia chebula*) fruit 5 mg

Concentrated herbal extracts equivalent to dry: Turmeric (*Curcuma longa*) root 2.46 g, (equiv. curcumin 39 mg), acacia (*Acacia nilotica*) stem bark 24 mg, bacopa (*Bacopa monnieri*) whole plant 125 mg, boswellia (*Boswellia serrata*) gum oleoresin 54 mg, black tea (*Camellia sinensis*) leaf 10 mg, white tea (*Camellia sinensis*) leaf 23.2 mg (equiv. Epigallocatechin-3-O-gallate 695 mcg), green tea (*Camellia sinensis*) leaf 720 mg (equiv. Epigallocatechin-3-O-gallate 14 mg), goldthread (*Coptis chinensis*) root 15 mg, horny goat weed (*Epimedium sagittatum*) herb top 205 mg, *Panax ginseng* whole plant 125 mg, raspberry (*Rubus idaeus*) fruit 50 mg, milk thistle (*Silybum marianum*) seed 6.52 g, giant knotweed (*Fallopia japonica*) root 2.4 g (equiv. resveratrol 15 mg), bilberry (*Vaccinium myrtillus*) fruit 28 mg, grape (*Vitis vinifera*) seed 800 mg, ashwagandha (*Withania somnifera*) root 80 mg, marigold (*Tagetes erecta*) flower 467.5 mg, Lutein esters calculated as Lutein 500 mcg (equivalent Zeaxanthin 167 mcg).

Warning: The recommended dose of this medicine provides small amounts of (natural) caffeine. Not suitable for children.

■ IsaLean™ Bar – Chocolate Cream Crisp

Servings per package: 10, Serving size: 1 bar (65 g)

Each bar contains: Energy: 270 cal, protein: 18 g, fat: total 9 g, saturated 4 g, carbohydrates: 28 g, sugars: 18 g, dietary fibre: total 1 g, insoluble 1 g, soluble 0.1 g, sodium: 60 mg, potassium: 480 mg, vitamin A: 350 mcg, vitamin C: 16 mg, calcium: 405 mg, iron: 4 mg, vitamin D: 1 mcg, vitamin E: 4.2 mg, thiamin: 0.45 mg, riboflavin: 0.55 mg, niacin: 10 mg, vitamin B6: 0.5 mg, folate: 100 mcg, vitamin B12: 0.3 mcg, biotin: 40 mcg, pantothenic acid: 2 mg, phosphorus: 275 mg, iodine: 50 mcg, magnesium: 54 mg, zinc: 4 mg, selenium: 12 mcg, copper: 0.6 mg, manganese: 1.6 mg, chromium: 12 mcg, molybdenum: 24 mcg.

Ingredients: Evaporated cane juice syrup, chocolate coating 19% (sugar, chocolate liquor (no alcohol), cocoa butter, milk fat, soy lecithin, natural flavour), whey protein isolate, calcium caseinate, maltitol, almond butter, cocoa whey crisp 7% (whey protein concentrate, corn starch, cocoa), non fat dry milk, Vitamins and Minerals (potassium chloride, dicalcium phosphate, ascorbic acid, zinc, oxide, niacinamide, d-alpha tocopheryl acetate, potassium iodide, vitamin A (palmitate), manganese sulphate, biotin, copper gluconate, ferrous (ii) sulphate, riboflavin, sodium molybdate, pantothenic acid, sodium selenite, thiamine mononitrate, folic acid, pyridoxine hydrochloride, cholecalciferol, cyanocobalamin, chromium picolinate), humectant (glycerin), mineral salts (potassium chloride, dicalcium phosphate), sunflower oil, natural cream flavour, natural cookie dough flavour, gum arabic.

Warning: Contains almond, milk, and soy ingredients. Processed on equipment that also processes eggs, peanuts, and tree nuts.

■ IsaLean™ Bar – Chocolate Decadence

Serving size: 1 bar (65 g). Servings per package: 10

Each bar contains: Energy: 250 cal, protein: 18 g, fat: total 6 g, saturated 3.1 g, carbohydrate: 32 g, sugars 16 g, dietary fibre: total 3 g, insoluble 0.95 g, soluble 1.82 g, sodium: 140 mg, potassium: 265 mg.

Ingredients: Whey protein crisp 22% (whey protein isolate, whey protein concentrate, tapioca starch, calcium carbonate, soy lecithin (emulsifier)), chocolate coating 11% (sugar, vegetable oil, cocoa powder, whey powder, nonfat milk powder, lecithin (emulsifier), natural flavour), brown rice syrup, evaporated cane juice syrup, whey protein isolate, invert sugar, cocoa fructose syrup (fructose, water, maltodextrin, Dutch processed and natural cocoas, salt, carrageenan, natural flavours, antioxidant (309), ascorbic acid), milk proteins, Dutch processed cocoa, cocoa rice crisp (rice flour, sugar, cocoa powder), whey protein concentrate, high oleic sunflower oil, fructose, maltitol syrup, milk proteins, inulin, natural flavours, unsweetened chocolate (50% cocoa solids) water, humectant (glycerine), emulsifier (soy lecithin), acai fruit, mineral salt, maltodextrin, astragalus root, goji berry.

Warning: Contains milk and soybean ingredients. Produced on equipment that also processes peanuts, tree nuts, egg and sesame.

■ IsaLean™ Bar – Lemon Passion Crunch

Servings per package: 10 bars, Serving size: 1 bar (65 g)

Each bar contains: Energy 250 cal, protein: 18 g, fat: total: 6 g, saturated: 3 g, carbohydrates: 32 g, sugars: 16 g, dietary fibre: total: 3 g, insoluble: 1 g, soluble: 2 g, sodium: 170 mg, potassium 115 mg.

Ingredients: Protein blend (33%) (whey protein isolate, whey protein concentrate, calcium caseinate, casein, milk protein isolate, milk protein concentrate), sugar, brown rice syrup, fractionated palm kernel oil, chicory root fibre, rice flour, high oleic sunflower oil, sweetener (965), tapioca starch, lemon juice concentrate (2%), maltodextrin, bran, natural flavour, water, fructose, non-fat milk, emulsifier (322), proprietary blend (astragalus root powder, acai fruit extract, goji berry extract), lactose, calcium carbonate, acidity regulators (330, 296), salt, rice bran, honey, yoghurt powder (cultured whey protein concentrate and cultured non-fat milk), turmeric.

Warning: Manufactured in a facility that also processes eggs, tree nuts, peanuts and wheat.

§From RSPO-certified sustainable palm oil

■ IsaLean™ Bar – Natural Oatmeal Raisin

Servings per package: 10. Serving size: 1 bar (60 g)

Each bar contains: Energy: 210 cal, protein: 18 g, fat: total 5 g, saturated 3 g, trans fat 0 g, cholesterol: 15 mg, carbohydrates: 28 g, sugars: 7 g, dietary fibre: total 4 g, sodium: 85 mg, potassium: 130 mg, vitamin A: 200 mcg, vitamin C: 32 mg, calcium: 297 mg, iron: 1 mg, vitamin D: 1.4 mcg, vitamin E: 11 mg, thiamin: 0.22 mg, riboflavin: 0.26 mg,

niacinamide: 2.7 mg, vitamin B6: 0.28 mg, folate: 53 mcg, vitamin B12: 0.8 mcg, biotin: 40 mcg, pantothenic acid: 1.4 mg, phosphorus: 132 mg, iodine: 20 mcg, magnesium: 62 mg, zinc: 1.7 mg, selenium: 0.76 mcg, copper: 0.23 mg, manganese: 0.22 mg, chromium 0.3 mcg, molybdenum 1.3 mcg.

Ingredients: Protein blend (whey crisp (whey protein isolate, whey protein concentrate, tapioca starch, calcium carbonate, lecithin), calcium caseinate, whey protein isolate), brown rice syrup, yoghurt flavoured coating [maltitol, fractionated palm kernel oil, calcium caseinate, milk protein concentrate, nonfat milk, yoghurt powder (cultured whey protein concentrate and cultured nonfat milk), lecithin, natural flavour], maltitol syrup, polydextrose, raisins (7%), rolled oats (7%), water, high oleic safflower oil, natural flavour, cinnamon, vitamin and mineral blend (magnesium oxide, ascorbic acid, alphatocopherol acetate, niacinamide, zinc oxide, copper gluconate, calcium pantothenate, ferric orthophosphate, pyridoxine hydrochloride, riboflavin, manganese sulfate, vitamin A acetate, thiamine mononitrate, folic acid, biotin, potassium iodide, sodium molybdate, vitamin D3, vitamin B12), maltodextrin.

Warning: Contains milk and soy (lecithin) ingredients. Produced on equipment that also processes peanuts, tree nuts, egg and sesame.

■ IsaLean™ Bar – Nutty Caramel Cashew

Serving size: 1 bar (60 g). Servings per package: 10.

Each bar contains: 240 cal, protein: 18 g, fat: 9 g, saturated: 3.5 g, carbohydrates: 26 g, sugars: 7 g, dietary fibre: total 6 g, insoluble 0 g, soluble 6 g, sodium: 230 g, potassium 150 g.

Ingredients: Whey crisps (whey protein isolate, whey protein concentrate, tapioca starch, calcium carbonate, lecithin), nuts (15.5%) (cashews, almonds), whey protein isolate, coating [sugar, palm kernel oil, nonfat dry milk, whole milk powder, lecithin, salt, alkalized cocoa, natural colour (160b)], maltitol, chicory fibre, vegetable glycerin, soluble tapioca fibre, oats, sunflower oil, natural flavours, sea salt, caramel (sugar, water).

Warning: Contains milk, tree nut (cashew and almond) and soy (lecithin) ingredients. Manufactured in a facility that also processes tree nuts, eggs and peanuts.

■ Dairy Free IsaLean™ Bar – Chocolate Berry Bliss

Servings per package: 1, Serving size: 1 Bar (65 g)

Av. Quantity per Serving: Energy 250 cal, Protein 19 g, Fat, total 8 g, Saturated 3.5 g, Trans 0 g, Polyunsaturated 1 g, Monounsaturated 2.5 g, Carbohydrate 29 g, Sugars 12 g, Dietary fibre 8 g, Sodium 140 mg, Potassium 65 mg

Av. Quantity per 100g: Energy 391 cal, Protein 30 g, Fat, total 12.5 g, Saturated 5.5 g, Trans 0 g, Polyunsaturated 1.6 g, Monounsaturated 4 g, Carbohydrate 45 g, Sugars 19 g, Dietary fibre 12.5 g, Sodium 219 mg, Potassium 102 mg

Ingredients: Protein blend (35.2%) [pea protein isolate, whole grain brown rice protein concentrate, pea protein crisps (pea protein isolate, rice starch)], chocolate coating (natural cane sugar, palm kernel oil, cocoa powder, sunflower lecithin, salt), chicory root fibre, tapioca syrup, sunflower seed butter (roasted sunflower seeds, high oleic sunflower oil), vegetable glycerin, dried cranberries (cranberries, pineapple syrup, pineapple juice concentrate, sunflower oil), sunflower seeds, fruit and vegetable juice for colour, chia seed powder, tapioca maltodextrin, flaxseed powder, gum acacia, fruit and vegetable blend (acai, apple, banana, beet, butternut squash, carrot, kale, pomegranate, pumpkin, spinach, sweet potato), acidity regulator (332), natural flavour, natural sweetener (960), medium-chain triglycerides oil powder (472a)

Warning: Manufactured in a facility that also processes milk, tree nuts, peanuts, soy, eggs and sesame.

§From RSPO-certified sustainable palm oil.

■ IsaLean™ Shake – Chocolate Mint

Serving size: 2 scoops (59 g). Servings per container: 14

Each serve contains: Energy: 240 cal, protein: 24 g, fat: total 6 g, saturated 2 g, carbohydrates: 24 g, sugars: 10 g, Dietary fibre: total 8 g, insoluble 1 g, soluble 7 g, sodium: 230 mg, potassium: 380 mg, vitamin C: 14 mg, vitamin D: 2.5 mcg, mixed tocopherols: 3.5 mg, vitamin B1: 0.39 mg, vitamin B2: 0.60 mg, vitamin B3: 2.8 mg, vitamin B6: 0.63 mg, vitamin A: 187.5 mcg, folic acid: 70 mcg, vitamin B12: 1 mcg, biotin: 4 mcg, vitamin B5: 0.65 mg, calcium: 320 mg, iron: 3 mg, phosphorus: 350 mg, iodine: 54 mcg, magnesium: 80 mg, zinc: 4.2 mg, selenium: 8 mcg.

Ingredients: Exclusive Myo-IsaLean Complex (55.2%) (whey protein concentrate, milk protein concentrate, low-heat non-fat milk powder), isomaltooligosaccharides, fructose, sunflower oil, cocoa powder, tapioca maltodextrin, olive oil, flax seed powder, thickener (415), medium-chain triglyceride oil powder, anticaking agent (341, 470, 551), magnesium oxide, natural flavours, enzymes (lactase, cellulase, invertase, lipase), natural sweetener (960), alfalfa juice concentrate, mixed tocopherol concentrate, psyllium seed powder, sea salt, ferrous lactate, vitamin C (ascorbic acid), zinc oxide, potassium iodide, vitamin B3 (niacinamide), selenomethionine, Lactobacillus acidophilus, vitamin D3 (cholecalciferol), vitamin A (betacarotene), vitamin B12 (cyanocobalamin), vitamin B6 (pyridoxine hydrochloride), folic acid, vitamin B5 (calcium pantothenate), vitamin B2 (riboflavin), vitamin B1 (thiamine hydrochloride), biotin.

Warning: Contains milk ingredients.

Amino acids per serving: Alanine 980 mg, Arginine 655 mg, Aspartic Acid 2,110 mg, Cysteine 470 mg, Glutamic Acid 4,130 mg, Glycine 425 mg, Histidine 470 mg, Isoleucine 1,365 mg, Leucine 2,270 mg, Lysine 1,880 mg, Methionine 550 mg, Phenylalanine 845 mg, Proline 1,635 mg, Serine 1,155 mg, Threonine 1,340 mg, Tryptophan 435 mg, Tyrosine 880 mg, Valine 1,360 mg

*Since amino acids are naturally occurring, amounts may vary.

Note: If you are pregnant, breastfeeding or taking medication, consult your general practitioner before using this product. Discontinue use if adverse reaction occurs.

■ IsaLean™ Shake – Creamy Dutch Chocolate

Serving size: 2 scoops (61 g). Servings per container: 14

Each serve contains: Energy: 240 cal, protein: 24 g, fat: total 6 g, saturated 2 g, carbohydrates: 24 g, sugars: 11 g, dietary fibre: total 8 g, insoluble 1.5 g, soluble 6.5 g, sodium: 265 mg, potassium: 380 mg, vitamin C: 14 mg, vitamin D: 2.5 mg, mixed tocopherols: 3.49 mg, thiamin: 0.385 mg, riboflavin: 0.595 mg, niacinamide: 2.8 mg, vitamin B6: 0.63 mg, vitamin A: 187.5 mcg, folic acid: 70 mcg, vitamin B12: 1 mcg, biotin: 4 mcg, pantothenic acid: 0.65 mg, calcium: 200 mg, iron: 3 mg, phosphorus: 348 mg, iodine: 54 mcg, magnesium: 80 mg, zinc: 4.2 mg, selenium: 8 mcg.

Ingredients: Exclusive Myo-IsaLean Complex (50.8%) (whey protein concentrate, milk protein concentrate, low-heat nonfat milk powder), fructose, cocoa powder, isomaltooligosaccharides, sunflower oil, natural flavours, olive oil, thickener (415), flax seed powder, calcium phosphate – tribasic, medium chain triglyceride oil powder (427a), magnesium oxide, sea salt, acidity regulator (332), enzymes (lactase, cellulase, invertase, lipase), alfalfa leaf, magnesium stearate (470), silicon dioxide (551), psyllium seed powder, mixed tocopherol concentrate, vitamin C (ascorbic acid), natural sweetener (960), cinnamon powder, ferrous lactate, iodine (from kelp), niacinamide, zinc oxide, wild yam, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, selenomethionine, Lactobacillus acidophilus, cholecalciferol, betacarotene, calcium pantothenate, cyanocobalamin, folic acid.

Warning: Contains milk ingredients.

Amino acids per serving: Alanine 980 mg, arginine 655 mg, aspartic acid 2,110 mg, cysteine 470 mg, glutamic acid 4,130 mg, glycine 425 mg, histidine 470 mg, isoleucine 1,365 mg, leucine 2,270 mg, lysine 1,880 mg, methionine 550 mg, phenylalanine 845 mg, proline 1,635 mg, serine 1,155 mg, threonine 1,340 mg, tryptophan 435 mg, tyrosine 880 mg, valine 1,360 mg.

*Since amino acids are naturally occurring, amounts may vary.

■ IsaLean™ Shake – Creamy French Vanilla

Serving size: 2 scoops (60 g). Servings per container: 14.

Each serve contains: Energy: 240 cal, protein: 24 g, fat: total 5 g, saturated 1.5 g, carbohydrates: 24 g, sugars: 11 g, dietary fibre: total 8 g, insoluble 0 g, soluble 8 g, sodium: 240 mg, potassium: 270 mg, vitamin C: 14 g, vitamin D: 2.5 mcg, mixed tocopherols: 3.49 mg, niacinamide: 2.8 g, thiamin: 0.385 mg, riboflavin: 0.595 mg, vitamin B6: 0.63 mg, vitamin A: 187.5 mcg, folic acid: 70 mcg, vitamin B12: 1 mcg, biotin: 4 mcg, pantothenic acid: 0.65 mg, calcium: 200 mg, iron: 3mg, phosphorus: 348 mg, iodine: 54 mcg, magnesium: 80 mg, zinc: 4.2 mg, selenium: 8 mcg.

Ingredients: Exclusive Myo-IsaLean Complex (55.6%) (whey protein concentrate, milk protein concentrate, low-heat nonfat milk), isomaltooligosaccharides, fructose, sunflower oil, natural flavours, olive oil, flaxseed powder, maltodextrin (tapioca), thickener (415), calcium phosphate- tribasic, medium chain triglycerides oil powder (427a), cinnamon powder, magnesium oxide, apple juice powder, enzymes (lactase, cellulase, invertase, lipase) alfalfa leaf, sea salt, magnesium stearate (470), silicon dioxide (551), psyllium seed powder, mixed tocopherols concentrate, vitamin C (ascorbic acid), ferrous lactate, iodine (from kelp), natural sweetener (960), niacinamide, zinc oxide, wild yam, pyridoxine, riboflavin, thiamine mononitrate, selenomethionine, Lactobacillus acidophilus, cholecalciferol, betacarotene, calcium pantothenate, biotin, cyanocobalamin, folic acid.

Warning: Contains milk ingredients.

Amino acids per serving: Alanine 980mg, arginine 655mg, aspartic acid 2,110mg, cysteine 470mg, glutamic acid 4,130mg, glycine 425mg, histidine 470mg, isoleucine 1,365mg, leucine 2,270mg, lysine 1,880mg, methionine 550mg, phenylalanine 845mg, proline 1,635mg, serine 1,155mg, threonine 1,340mg, tryptophan 435mg, tyrosine 880mg, valine 1,360mg.

*Since amino acids are naturally occurring, amounts may vary.

■ IsaLean™ Shake – Dairy Free Rich Chocolate

Serving Size: 1 packet (63 g). Servings per package: 14

Each serve contains: Energy: 250 cal, Protein: 24 g, Fat: 8 g, saturated: 2 g, carbohydrates: 22 g, sugars: 6 g, Dietary fibre: total 8 g, insoluble 2 g, soluble 6 g, sodium: 390 g, Potassium: 310 g

Ingredients: Phyto-IsaLean Complex™ (45.7%) (whole grain brown rice protein, pea protein isolate), natural Dutch cocoa powder, evaporated cane juice, sunflower (Helianthus annuus) oil powder, sunflower lecithin, isomaltooligosaccharide powder, chia (Salvia hispanica) seed powder, whole grain rice milk powder, olive (Olea europaea) oil powder, natural flavours, flaxseed (Linum usitatissimum) powder, thickener (415), inulin, medium chain triglyceride oil powder (472a), fruit and vegetable blend (acai, apple, banana, beet, butternut squash, carrot, kale, pomegranate, pumpkin, sweet potato, spinach), molasses powder, acidity regulator (332), silicon dioxide (551), sea salt, magnesium stearate (470), tricalcium phosphate (341), Lactobacillus acidophilus, natural sweetener (960), cinnamon.

Amino acids per serving: alanine 1100 mg, arginine 1545 mg, aspartic acid 2275 mg, cysteine 415 mg, glutamic acid 3705 mg, 715 mg, histidine 580 mg, isoleucine 1255 mg, leucine 1985 mg, lysine 1185 mg, methionine 465 mg, phenylalanine 1040 mg, proline 1310 mg, serine 1210 mg, threonine 1050 mg, tryptophan 270 mg, tyrosine 1060 mg, valine 1265 mg.

*Since amino acids are naturally occurring, amounts may vary.

■ IsaLean™ Shake – Dairy Free Vanilla Chai

Serving per package: 14, Serving size: 1 Packet (62 g)

Each serve contains: Energy: 250 cal, protein: 24 g, fat: total: 8 g, saturated: 1.5 g, trans: 0 g, polyunsaturated: 2.5 g, monounsaturated: 3 g, carbohydrates: 22 g, sugars: 7 g, dietary fibre: total: 8 g, insoluble: 2 g, soluble: 6 g, sodium: 380 mg, potassium 95mg.

Ingredients: Phyto-IsaLean Complex™ (50%)(wholegrain brown rice protein concentrate, pea protein isolate), evaporated cane juice, sunflower oil powder, isomaltooligosaccharide powder, natural flavours, sunflower lecithin, chia seed powder, wholegrain rice milk powder, olive oil powder, flaxseed powder, thickener (415), inulin, medium-chain triglyceride oil powder, fruit and vegetable blend (acai, apple, banana, beetroot, butternut pumpkin, carrot, kale, pomegranate, pumpkin, sweet potato, spinach), anticaking agent (551, 341), molasses powder, acidity regulator (332), nutmeg, magnesium stearate, Lactobacillus acidophilus, natural sweetener (960), cinnamon, cardamom.

Amino acids per serving: Alanine 1100 mg, arginine 1545 mg, aspartic acid 2275 mg, cysteine 415 mg, glutamic acid 3705 mg, glycine 715 mg, histidine 580 mg, isoleucine 1255 mg, leucine 1985 mg, lysine 1185 mg, methionine 465 mg, phenylalanine 1040 mg, proline 1310 mg, serine 1210 mg, threonine 1050 mg, tryptophan 270 mg, tyrosine 1060 mg, valine 1265 mg.

*Since amino acids are naturally occurring, amounts may vary.

■ IsaLean™ Shake – Kosher Natural Creamy Vanilla

Serving size: 2 scoops (61 g). Servings per container: 14

Each serve contains: Energy: 250 cal, protein: 23 g, fat: total 6 g, saturated 1 g, carbohydrates: 25 g, sugars: 16 g, dietary fibre: total 6 g, insoluble 1.1 g, soluble 4.9 g, sodium: 125 mg, potassium: 260 mg, vitamin A: 180 mcg, vitamin C: 14 mg, vitamin D: 100 IU, mixed tocopherols: 5.215 IU, thiamin: 0.385 mg, riboflavin: 0.595 mg, niacin: 2.8 mg, vitamin B6: 0.63 mg, folic acid: 70 mcg, vitamin B12: 1 mcg, biotin: 4 mcg, pantothenic acid: 0.65 mg, calcium: 200 mg, iron: 3 mg, phosphorus: 348 mg, iodine: 54mcg, magnesium: 80 mg, zinc: 4.2 mg, selenium: 8 mcg.

Ingredients: Whey protein (19.7%), calcium caseinate, milk powder, fructose, sunflower oil, vanilla flavour, fibersol, lecithin, olive oil, flaxseed, vanilla bean, guar gum, tri-calcium phosphate, xanthan gum, cellulose, lemon powder, beta carotene, honey powder, magnesium oxide, acidophilus, butterscotch, alfalfa juice concentrate, soy lecithin, lactase, psyllium seed powder, cinnamon, silicon dioxide, mixed tocopherols, vitamin C (ascorbic acid), kelp, iron lactate, zinc oxide, wild yam, niacin, selenomethionine, vitamin D, vitamin B6, calcium pantothenate, riboflavin, vitamin B1, biotin, vitamin B12, folic acid.

Warning: Contains milk and soy (lecithin) ingredients.

Amino acids per serving: (naturally occurring in whey protein) alanine 900 mg, arginine 600 mg, aspartic acid 1,900 mg, cysteine 300 mg, glutamic acid 4,200 mg, glycine 400 mg, histidine 400 mg, isoleucine 1,100 mg, leucine 2,200 mg, lysine 1,900 mg, methionine 550 mg, phenylalanine 850 mg, proline 1,800 mg, serine 1,100 mg, threonine 1,200 mg, tryptophan 320 mg, tyrosine 850 mg, valine 1,300 mg.

*Since amino acids are naturally occurring, amounts may vary.

Barley Free, Wheat Free, Gluten Free, No Trans Fat.

■ IsaLean™ Shake – Strawberry Cream

Serving size: 1 Packet (59 g). Servings per package: 14

Each Serve Contains: Energy: 240 cal, protein: 24 g, fat: total 5 g, saturated 1.5 g, carbohydrates: 24 g sugars: 11 g, dietary fibre: total 8 g, insoluble 0 g, soluble 8 g, sodium: 260 mg, potassium: 320 mg, vitamin C: 14 mg, vitamin D: 2.5 mcg, mixed tocopherols: 3.5 mg, vitamin B1: 0.385 mg, vitamin B2: 0.595 mg, vitamin B3: 2.8 mg, vitamin B6: 0.63 mg, vitamin A: 187.5 mcg, folic acid: 70 mcg, vitamin B12: 1 mcg, biotin: 4 mcg, vitamin B5: 0.65 mg, calcium: 320 mg, iron: 3 mg, phosphorus: 350 mg, iodine: 54 mcg, magnesium: 80 mg, zinc: 4.2 mg, selenium: 8 mcg

Ingredients—Exclusive Myo-IsaLean Complex (56.5%) (whey protein concentrate, milk protein concentrate, low-heat nonfat milk powder), isomaltooligosaccharides, fructose, sunflower oil, natural flavours (strawberry, vanilla, vanilla custard), olive oil, flaxseed powder, tapioca maltodextrin, thickener (415), medium chain triglyceride oil powder (427a), tribasic calcium phosphate, red beet juice powder, magnesium oxide, enzymes (lactase, cellulase, invertase, lipase), sea salt, alfalfa juice concentrate, natural sweetener (960), magnesium stearate (470), silicon dioxide (551), mixed tocopherol concentrate, psyllium seed powder, ferrous lactate, vitamin C (ascorbic acid), zinc oxide, potassium iodide, vitamin B3 (niacinamide), selenomethionine, Lactobacillus acidophilus, vitamin D3 (cholecalciferol), vitamin A (betacarotene), vitamin B12 (cyanocobalamin), vitamin B6 (pyridoxine hydrochloride), folic acid, vitamin B5 (calcium pantothenate), vitamin B2 (riboflavin), vitamin B1 (thiamine hydrochloride), vitamin B7 (biotin)

Warning: Contains milk and strawberry ingredients.

■ IsaLean™ PRO – French Vanilla

Serving size: 1 Packet (68 g). Servings per package: 14

Each serve contains: Energy: 280 cal, protein: 36 g, fat: total 6 g, saturated 2.5 g, carbohydrates: 21 g, sugars: 9 g, dietary fibre: total 6 g, insoluble 0 g, soluble 6 g, sodium: 270 mg, potassium: 400 mg, vitamin C: 14 mg, vitamin D: 2.5 mcg, mixed tocopherols: 3.49 mg, niacinamide: 2.8 mg, thiamin: 0.385 mg, riboflavin: 0.595 mg, vitamin B6: 0.63 mg, vitamin A: 187.5 mcg, folic acid: 70 mcg, vitamin B12: 1 mcg, biotin: 4 mcg, pantothenic acid: 0.65 mg, calcium: 200 mg, iron: 3 mg, phosphorus: 348 mg, iodine: 54 mcg, magnesium: 80 mg, zinc: 4.2 mg

Ingredients: Exclusive Myo-IsaLean Complex (70%) (whey protein concentrate, milk protein concentrate, low-heat nonfat milk powder), isomaltooligosaccharides, sunflower oil, fructose, natural vanilla flavours, thickener (415), olive oil, flaxseed powder, tribasic calcium phosphate, medium chain triglycerides oil powder (427a), cinnamon powder, magnesium oxide, maltodextrin (tapioca), enzymes (lactase, cellulase, invertase, lipase), apple juice powder, alfalfa leaf, sea salt, magnesium stearate (470), silicon dioxide (551), mixed tocopherols, vitamin C (ascorbic acid), natural sweetener (960), ferrous lactate, psyllium seed powder, potassium iodide,

niacinamide, zinc oxide, wild yam, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, Lactobacillus acidophilus, cholecalciferol, vitamin A (retinyl palmitate), calcium pantothenate, biotin, selenomethionine, cyanocobalamin, folic acid.

Warning: Contains milk ingredients.

Amino acids per serving: Alanine 1,605 mg, arginine 940 mg, aspartic acid 3,390 mg, cysteine 800 mg, glutamic acid 6,040 mg, glycine 655 mg, histidine 745 mg, isoleucine 2,140 mg, leucine 3,530 mg, lysine 2,880 mg, methionine 815 mg, phenylalanine 1,190 mg, proline 2,275 mg, serine 1,740 mg, threonine 2,190 mg, tryptophan 730 mg, tyrosine 1,240 mg, valine 2,045 mg.

*Since amino acids are naturally occurring, amounts may vary.

■ IsaLean™ PRO – Natural Chocolate

Serving size: 1 packet (69 g). Servings per package: 14

Each serve contains: Energy: 280 cal, protein: 36 g, fat: total 6 g, saturated 2.5 g, carbohydrates: 21 g, sugars: 9 g, dietary fibre: total 6 g, insoluble 1 g, soluble 5 g, sodium: 285 mg, potassium: 460 mg, vitamin C: 14 mg, vitamin D: 2.5 mcg, mixed tocopherols: 3.49 mg, niacinamide: 2.8 mg, thiamin: 0.385 mg, riboflavin: 0.595 mg, vitamin B6: 0.63 mg, vitamin A: 187.5 mcg, folic acid: 70 mcg, vitamin B12: 1 mcg, biotin: 4 mcg, pantothenic acid: 0.65 mg, calcium: 200 mg, iron: 3 mg, phosphorus: 348 mg, iodine: 54 mcg, magnesium: 80 mg, zinc: 4.2 mg.

Ingredients: Exclusive Myo-IsaLean Complex (65.4%) (whey protein concentrate, milk protein concentrate, low-heat nonfat milk powder), cocoa powder, fructose, sunflower oil, isomaltooligosaccharides, natural chocolate flavours, thickener (415), olive oil, flaxseed powder, tribasic calcium phosphate, medium chain triglycerides oil powder (427a), magnesium oxide, sea salt, enzymes (lactase, cellulase, invertase, lipase), acidity regulator (332), alfalfa leaf, magnesium stearate (470), silicon dioxide (551), mixed tocopherols, vitamin C (ascorbic acid), ferrous lactate, psyllium seed powder, potassium iodide, cinnamon powder, natural sweetener (960), niacinamide, zinc oxide, wild yam, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, Lactobacillus acidophilus, cholecalciferol, vitamin A (retinyl palmitate), calcium pantothenate, biotin, selenomethionine, cyanocobalamin, folic acid.

Warning: Contains milk ingredients.

Amino acids per serving: alanine 1,605 mg, arginine 940 mg, aspartic acid 3,390 mg, cysteine 800 mg, glutamic acid 6,040 mg, glycine 655 mg, histidine 745 mg, isoleucine 2,140 mg, leucine 3,530 mg, lysine 2,880 mg, methionine 815 mg, phenylalanine 1,190 mg, proline 2,275 mg, serine 1,740 mg, threonine 2,190 mg, tryptophan 730 mg, tyrosine 1,240 mg, valine 2,045 mg.

*Since amino acids are naturally occurring, amounts may vary.

■ IsaLean™ PRO – Strawberry Cream

Serving size: 1 Packet (68 g). Servings per package: 14

Each serve contains: Energy: 280 cal, protein: 36 g, fat: total: 6 g, saturated: 2.5 g, carbohydrates: 21 g, sugars: 9 g, dietary fibre: total: 6 g, insoluble: 0 g, soluble: 6 g, sodium: 270 mg, potassium: 400 mg, vitamin C: 14 mg, vitamin D: 2.5 mcg, mixed tocopherols: 3.5 mg, vitamin B1: 0.385 mg, vitamin B2: 0.595 mg, vitamin B3: 2.8 mg, vitamin B6: 0.63 mg, folic acid: 70 mcg, vitamin B12 1 mcg, biotin: 4 mcg, vitamin B5: 0.65 mg, calcium: 300 mg, iron: 3 mg, phosphorus: 350 mg, iodine: 54 mcg, magnesium: 80 mg, zinc: 4.2 mg, selenium: 8 mcg.

Ingredients: Exclusive Myo-IsaLean PRO Complex™ (70%)(whey protein concentrate, milk protein concentrate, low-heat non-fat milk powder), isomaltooligosaccharides, fructose, sunflower oil, natural flavours, thickener (415), olive oil, flaxseed powder, anticaking agent (341, 470, 551), medium-chain triglyceride oil powder, magnesium oxide, tapioca maltodextrin, red beetroot juice powder, enzymes (lactase, cellulase, invertase, lipase), sea salt, natural sweetener (960), alfalfa juice concentrate, mixed tocopherols concentrate, ferrous lactate, vitamin C (ascorbic acid), psyllium seed powder, zinc oxide, potassium iodide, vitamin B3 (niacinamide), selenomethionine, vitamin D3 (cholecalciferol), vitamin A (betacarotene), vitamin B12 (cyanocobalamin), Lactobacillus acidophilus, vitamin B6 (pyridoxine hydrochloride), folic acid, vitamin B5 (calcium pantothenate), vitamin B2 (riboflavin), vitamin B1 (thiamine hydrochloride), vitamin B7 (biotin).

Warning: Contains milk ingredients

Amino acids per serving: Alanine 1605 mg, arginine 940 mg, aspartic acid 3390 mg, cysteine 800 mg, glutamic acid 6040 mg, glycine 655 mg, histidine 745 mg, isoleucine 2140 mg, leucine 3530 mg, lysine 2880 mg, methionine 815 mg, phenylalanine 1190 mg, proline 2275 mg, serine 1740 mg, threonine 2190 mg, tryptophan 730 mg, tyrosine 1240 mg, valine 2045 mg.

*Since amino acids are naturally occurring, amounts may vary.

■ IsaOmega™

Serving size: 2 softgels, Servings per container: 30.

Each Softgel Contains: Concentrated omega-3 triglycerides - fish 1000 mg, (equiv. omega-3 marine triglycerides 630 mg; Eicosapentaenoic Acid (EPA) 330mg; Docosahexaenoic Acid (DHA) 220 mg), Pomegranate (*Punica granatum*) seed oil 50 mg, Borage (*Borago officinalis*) seed oil 20 mg, Evening Primrose (*Oenothera biennis*) seed oil 20 mg, Flaxseed (*Linum usitatissimum*) 20.2 mg, Sunflower (*Helianthus annuus*) seed oil 373 mcg

■ IsaPro™ Vanilla

Serving size: 1½ scoops (34.5 g). Servings per container: 20

Each serve contains: Energy: 50 cal, protein 27 g, fat: total 2.25 g, saturated 1.5 g, Carbohydrates: 3 g, sugars: 1.5 g, dietary fibre: 0 g, sodium: 135 mg, calcium: 75 mg.

Ingredients: Whey protein concentrate (97%), natural flavours (vanilla and citrus), lactase.

Warning: Contains milk ingredients.

Amino acids per serving: Alanine 1325 mg, arginine 675 mg, aspartic acid 2770 mg, cysteine 700 mg, glutamic acid 4515 mg, glycine 500 mg, histidine 475 mg, isoleucine 1720 mg, leucine 2795 mg, lysine 2270 mg, methionine 625 mg, phenylalanine 850 mg, proline 1595 mg, serine 1325 mg, threonine 1820 mg, tryptophan 600 mg, tyrosine 870 mg, valine 1570 mg.

■ Natural Accelerator™

Directions for use: Adults take 1 capsule twice daily.

Each capsule contains: nicotinic acid (vit B3) 10 mg, chromium (as picolinate) 25 mcg, R-alpha lipoic acid 100 mg, inositol 5.4 mg, methionine 5.4 mg, *Panax quinquefolius* (American ginseng) root powder 5.4 mg. Herbal extracts equivalent to dry: *Handroanthus impetiginosus* (Pau D'Arco) stem bark powder 108.4 mg, *Medicago sativa* (Alfalfa) leaf 64.4 mg, *Eleutherococcus* (Siberian ginseng) root 11 mg, *Dioscorea villosa* (wild yam) root 5.4 mg, *Capsicum annuum* (cayenne) fruit 135.8 mg, *Salix purpurea* (willow bark) stem bark outer 10.97 mg, *Camellia sinensis* (green tea) leaf 542 mg, *Cinnamomum cassia* (cinnamon) inner stem bark 27.2 mg.

Other ingredients: Maltodextrin, apple cider vinegar powder, hypromellose, magnesium stearate, octacosanol, carnauba wax, betaine hydrochloride, silicon dioxide and calcium hydrogen phosphate.

■ Slim Cakes™ – Oatmeal Berry

Serving size: 1 cookie (30 g). Servings per package: 1

Each serve contains: Energy: 90 cal, protein: 2 g, fat: total 2 g, saturated 0.5 g, carbohydrates: 20 g, sugars: 4 g, dietary fibre: total 5 g, insoluble 4.5 g, soluble 0.5 g, sodium: 85 mg (4mmol).

Ingredients: Oats and oat bran (24%), flour, water, raisin paste, maltitol, inulin, erythritol, polydextrose, flax seeds, agave syrup, organic cane juice, blueberry, white chocolate chips, dried cranberries (2.4%), milk solids (whey), sodium bicarbonate, sodium chloride, whole dried blueberries (0.1%), natural flavours, guar gum.

Warning: Contains wheat, milk and soy ingredients. May contain eggs, peanuts, tree nuts and sulfites.

■ Whey Thins™ – Cheddar

Servings per package: 1, Serving size: 1 Packet (25 g)

Av. Quantity per Serving: Energy 100 cal, Protein 10 g, Fat, total 3 g, Saturated 1 g, Carbohydrate 9 g, Sugars 1 g, Dietary fibre 0 g, Sodium 210 mg

Av. Quantity per 100g: Energy 400 cal, Protein 40 g, Fat, total 12 g, Saturated 4 g, Carbohydrate 36 g, Sugars 4 g, Dietary fibre 0 g, Sodium 840 mg

Ingredients: Whey protein concentrate (undenatured) (46%), brown rice flour, sunflower oil, salt, whey powder, maltodextrin, natural flavours, yeast extract, bulking agent (calcium carbonate), whole milk powder, cheddar cheese, anticaking agent (silicon dioxide), safflower oil, onion powder, sweet cream solids, garlic powder.

Warning: Contains milk ingredients.