

Collagen Elixir™ & Facial Skin Appearance

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The Question

Can a collagen beverage improve the appearance and health of facial skin?

Study Design

- 60 healthy adults (30 per group)
 - Ages 20 and older
 - 4-week, double-blind, randomized, placebo-controlled trial
 - Daily 50 mL drink:
 - Collagen beverage with marine collagen peptides and botanical extracts
 - Placebo beverage without collagen or botanicals
 - Facial assessments at baseline and week 4 included collagen density, elasticity, moisture, wrinkles, skin tone, melanin index, visible spots, and UV spots
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Results

After four weeks, participants who consumed the collagen beverage experienced improvements in collagen density, elasticity, and moisture compared with those who consumed the placebo. Wrinkles decreased more noticeably, skin tone brightened, melanin levels declined, and visible and UV spots were reduced. No irritation or adverse reactions were reported.

Takeaway

Daily Collagen Elixir supported smoother, firmer, more hydrated skin with improved tone and fewer visible signs of aging compared with placebo.

Product Spotlight: Collagen Elixir™

A marine collagen and botanical blend that helps support smoother, firmer, more radiant-looking skin. With 5 grams of marine collagen peptides plus vitamin C, zinc, biotin, and superfruit extracts, Collagen Elixir helps improve elasticity, brighten skin tone, and reduce the look of fine lines and wrinkles.

Learn More

