

# IsaLean® Shake Pumpkin Spice

<b>Nutrition Facts</b>	
Serving Size: 2 Scoops (59 g)	
Servings per Container: 14	
Amount per Serving	
<b>Calories</b> 240	Calories from Fat 50
Calories from Saturated Fat 15	
% Daily Value*	
<b>Total Fat</b> 5 g	<b>8%</b>
Saturated Fat 1.5 g	<b>8%</b>
Trans Fat 0 g	
Polyunsaturated Fat 0.5 g	
Monounsaturated Fat 2.5 g	
<b>Cholesterol</b> 45 mg	<b>15%</b>
<b>Sodium</b> 220 mg	<b>9%</b>
<b>Potassium</b> 330 mg	<b>9%</b>
<b>Total Carbohydrate</b> 24 g	<b>8%</b>
Dietary Fiber 8 g	<b>32%</b>
Sugars 11 g	
<b>Protein</b> 24 g	<b>48%</b>
Vitamin A 50%	• Vitamin C 40%
Calcium 32%	• Iron 8%
Vitamin D 80%	• Vitamin E 35%
Thiamin 60%	• Riboflavin 70%
Niacin 45%	• Vitamin B6 60%
Folate 80%	• Vitamin B12 200%
Biotin 45%	• Pantothenic Acid 40%
Phosphorous 24%	• Iodine 40%
Magnesium 40%	• Zinc 45%
Selenium 40%	• Copper 50%
Manganese 60%	• Chromium 80%
Molybdenum 60%	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:  
Fat 9 • Carbohydrates 4 • Protein 4

**Ingredients:** Exclusive Myo-IsaLean Complex™ [whey protein concentrate (undenatured), milk protein concentrate (undenatured), low-heat nonfat dry milk], isomaltooligosaccharide powder, fructose, sunflower (*Helianthus annuus*) oil powder, olive (*Olea europaea*) oil powder, flax (*Linum usitatissimum*) seed powder, xanthan gum, natural flavors, tapioca maltodextrin, medium-chain triglyceride oil powder, Ionic Alfalfa™ (*Medicago sativa*) leaf extract, beet juice powder, pumpkin powder, magnesium oxide, tricalcium phosphate, potassium citrate, cinnamon, enzyme blend [lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), invertase (from *Saccharomyces cerevisiae*), protease (from *Aspergillus oryzae*), amylase (from *Bacillus subtilis*), bromelain (from *Ananas comosus*), papain (from *Carica papaya*), acid stable protease (from *Aspergillus niger*)], magnesium citrate, nutmeg, stevia (*Stevia rebaudiana*) leaf extract, silicon dioxide, annatto extract, yucca (*Yucca schidigera*) root powder, vitamin C (ascorbic acid), magnesium stearate, psyllium (*Plantago ovata*) seed powder, biotin, selenium amino acid chelate, vitamin E succinate, copper amino acid chelate, vitamin A (beta carotene), zinc oxide, manganese amino acid chelate, iodine amino acid chelate, niacinamide, d-calcium pantothenate, vitamin D3 (cholecalciferol), chromium amino acid chelate, niacin, molybdenum amino acid chelate, vitamin B6 (pyridoxine HCl), vitamin B12 (cyanocobalamin), riboflavin, *Lactobacillus acidophilus*, thiamin HCl, folic acid

**Contains milk ingredients.**



LOW-GLYCEMIC    SOY-FREE    GLUTEN-FREE