

# CREATINE

## Stronger Every Day.

Your foundation for strength, power, and mental clarity to help you perform at your best, in the gym and in life. Creatine fuels your body and mind, helping you feel strong, focused and energised daily.



## Why You'll Love It

- ✓ Boost energy production at the cellular level for better muscle and brain function.
- ✓ Supports in building lean body mass and muscle strength.
- ✓ 3g of creatine monohydrate per serve to enhance focus, cognitive function and overall brain health

## Benefits

### Everyday Strength

Helps support strength and endurance

### Recovery Support

Aids in recovery and reduces fatigue

### Mind + Body Energy

Promotes energy and helps you feel clear and sharp

### Long-Term Wellness

Designed for long-term wellness support

## How to Use

Mix 1 scoop (3 g) into water, juice, or your favourite Isagenix IsaLean™ Protein Shake once a day.

For ages 18+

### Pro-Tip:

For best results, stay hydrated and pair with your daily movement routine.



Soy Free



Non-GMO



Gluten Free



Quality &  
Clinically Tested



Vegan



No artificial flavours,  
colours or sweeteners

Visit [Isagenix.com](https://www.isagenix.com) for more information on flavours, packaging and nutrition facts.

ISAGENIX®