



EXPLORE THE SCIENCE BEHIND WITHINTM

Want to learn more about the science behind effer[®] human-equivalent lactoferrin? We've gathered research and additional resources for you to explore throughout your WITHINTM Experience.

PUBLISHED RESEARCH

Allergenicity
[View Research](#)

Toxicity
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Clinical Trial
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Safety Review
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Expert Panel Report
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Digestive Profile
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ADDITIONAL RESEARCH

Immunotoxicity
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Microbiome
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EFFERA® IN THE SPOTLIGHT

Explore recent articles and industry coverage about effer® human-equivalent lactoferrin, its science, innovation, and emerging applications.

FEATURED ARTICLES

Helaina's \$45M Funding Paves the Way for New Nutritional Products with "Human-Equivalent Proteins"
NutritionInsight | [Read Article](#)

Helaina Unleashes Human-Equivalent Lactoferrin with effer®
NutraIngredients | [Read Article](#)

effer® Research Highlights Benefits for All Ages
NutraIngredients | [Read Article](#)

Are We Entering an Era of Physiology-First Formulation?
NutraIngredients | [Read Article](#)

Nestlé and Helaina Partner on Bioactive Proteins for Early-Life Nutrition
NutritionInsight | [Read Article](#)

The Science of Iron Balance: Why Smart Regulation Beats Simple Supplementation
Helaina | [Read Article](#)

Human-Identical Lactoferrin Enters Menopause Market
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THE SCIENCE BEHIND WITHIN™