

# ISABODY CALENDAR 2016-2017

**Registration for the IsaBody Challenge® is always open!**

The Challenge runs for **16 weeks**, so your start date will be **the day you register** for the Challenge in your Back Office. The date that you **end your Challenge** will determine the **judging period** you qualify for.

## DECEMBER 2016

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
<b>18</b>	19	20	21	22	23	24
25	26	27	28	29	30	31

## MARCH 2017

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
<b>19</b>	20	21	22	23	24	25
26	27	28	29	30	31	

## JUNE 2017

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## SEPTEMBER 2017

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### ROUND 1

Last Date to Join: Sunday 18 December 2016  
 Maintenance Week: 2-9 April 2017  
 Round End Date: Sunday 9 April 2017  
 Winners Notified by: 1 June 2017

### ROUND 2

Last Date to Join: Sunday 9 April 2017  
 Maintenance week: 23-30 July 2017  
 Round End Date: Sunday 30 July 2017  
 Winners Notified by: 1 September 2017

### ROUND 3

Last Date to Join: Sunday 30 July 2017  
 Maintenance Week: 12-19 November 2017  
 Round End Date: Sunday 19 November 2017  
 Winners Notified by: 1 January 2018

### MAINTENANCE REMINDER

Participants who complete their 16 week Challenge period before this date must submit 4 final maintenance photos that comply with all guidelines as set forth for the 'Before' and 'After' photos. These must be taken and submitted during the **Maintenance Week** of that round.

## JANUARY 2017

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## APRIL 2017

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
<b>9</b>	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## JULY 2017

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
<b>9</b>	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
<b>30</b>	31					

## OCTOBER 2017

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	<b>26</b>	27	28
29	30	31				

### COMPLETE YOUR CHALLENGE!

Submit your 'After' photos and Essay using the upload function in your Back Office. This function will become available on the day you complete your 16-week Challenge.

**NOTE:** All completion materials must be submitted no later than the **Round End Date** in order to be eligible for judging. Submissions after this date will be included in the following judging period.

*Remember to check your Back Office for your individual end date and mark it on this calendar!*

### GET MOTIVATED!

For Official Rules, Support Tools, FAQs and more, head to: [ANZ.IsaBodyChallenge.com](http://ANZ.IsaBodyChallenge.com)

Connect with your #IsaBodyANZ Community!

 [facebook.com/groups/IsaBodyANZ](https://facebook.com/groups/IsaBodyANZ)

 [@IsaBodyANZ #IsaBodyANZ](https://www.instagram.com/IsaBodyANZ)

## FEBRUARY 2017

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

## MAY 2017

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			





## AUGUST 2017

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## NOVEMBER 2017

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
<b>19</b>	20	21	22	23	24	25
26	27	28	29	30		

### KEY

-  ROUND 1
-  ROUND 2
-  ROUND 3
-  MAINTENANCE REMINDER