Ingredients: Rolled oats, unbleached wheat flour (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, raisins, maltitol, inulin, erythritol, polydextrose, oat bran, ground flaxseed, organic agave syrup, non-hydrogenated vegetable oil shortening (canola, modified palm and palm kernel oils), organic evaporated cane juice, dried cranberries (cranberries, sugar, sunflower oil), white chocolate chips (sugar, cocoa butter, whole milk powder, skim milk powder, butter oil, lecithin, natural vanilla extract), whey protein concentrate, sodium bicarbonate, natural flavors, blueberries, salt, cellulose gum

Contains milk, wheat & soy (lecithin) ingredients.

Manufactured in a facility that also processes eggs, tree nuts, peanuts & sulfites.

KOSHER

Nutrition Facts

14 servings per container

Serving size 1 cookie (30g)

Amount per serving

Calories 100

% Daily Value*

Total Fat 2g  3%

  Saturated Fat 0.5g  3%

Sodium 80mg  3%

Total Carbohydrate 20g  7%

  Dietary Fiber 5g  18%

  Total Sugars 4g

    Includes 2g Added Sugars  4%

Protein 2g  4%

Iron 0.6mg  4% • Potas. 30mg  0%

Not a significant source of trans fat, cholesterol, vitamin D and calcium.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.