

IsaLean™ PRO Shake Strawberry Cream Flavour

NUTRITION INFORMATION

Servings per Package: 14
Serving Size: 1 Packet (68 g)

	Ave. Quantity per Serving	Ave. Quantity per 100 g
Energy	1170 kJ (280 Cal)	1720 kJ (412 Cal)
Protein	36 g	53 g
Fat, total	6 g	9 g
- saturated	2.5 g	3.7 g
Carbohydrate	21 g	31 g
- sugars	9 g	13 g
Dietary fibre, total	6 g	9 g
- insoluble	0 g	0 g
- soluble	6 g	9 g
Sodium	270 mg	397 mg
Potassium	400 mg	588 mg
Vitamin C	14 mg	21 mg
Vitamin D	2.5 mcg	4 mcg
Mixed Tocopherols	3.5 mg	5 mg
Vitamin B1	0.385 mg	0.6 mg
Vitamin B2	0.595 mg	0.9 mg
Vitamin B3	2.8 mg	4 mg
Vitamin B6	0.63 mg	0.9 mg
Vitamin A	187.5 mcg	276 mcg
Folic Acid	70 mcg	103 mcg
Vitamin B12	1 mcg	1.5 mcg
Biotin	4 mcg	6 mcg
Vitamin B5	0.65 mg	1 mg
Calcium	300 mg	441 mg
Iron	3 mg	4 mg
Phosphorus	350 mg	515 mg
Iodine	54 mcg	79 mcg
Magnesium	80 mg	118 mg
Zinc	4.2 mg	6 mg
Selenium	8 mcg	12 mcg

Ingredients: Exclusive Myo-IsaLean PRO Complex™(70%) (whey protein concentrate, milk protein concentrate, low-heat non-fat milk powder), isomaltooligosaccharides, fructose, sunflower oil, natural flavours, thickener (415), olive oil, flax seed powder, anticaking agent (341, 470, 551), medium-chain triglyceride oil powder, magnesium oxide, tapioca maltodextrin, red beetroot juice powder, enzymes (lactase, cellulase, invertase, lipase), sea salt, natural sweetener (960), alfalfa juice concentrate, mixed tocopherols concentrate, ferrous lactate, vitamin C (ascorbic acid), psyllium seed powder, zinc oxide, potassium iodide, vitamin B3 (niacinamide), selenomethionine, vitamin D3 (cholecalciferol), vitamin A (betacarotene), vitamin B12 (cyanocobalamin), *Lactobacillus acidophilus*, vitamin B6 (pyridoxine hydrochloride), folic acid, vitamin B5 (calcium pantothenate), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), vitamin B7 (biotin)

Contains milk ingredients.



LOW-GLYCAEMIC



SOY-FREE



GLUTEN-FREE