



# AMPED™ Hydrate

## What is AMPED™ Hydrate?

AMPED™ Hydrate is a refreshing sports drink enriched with vitamins C and B-complex. It supports hydration and replenishes nutrients and electrolytes that can be lost during exercise.

## Why do you need AMPED™ Hydrate?

- Satisfy your thirst.
- Daily wellness & hydration without artificial colors, flavors, or sweeteners.
- Energizing nutrients such as B vitamins and electrolytes to help support hydration status
- Replenishing fluids lost through sweating and supplies a boost of carbohydrates.

## Enriched with Essential Vitamins for our Daily Wellness & Hydration!

- **Vitamin B-Complex** Helps convert food into fuel for more energy throughout the day. Delivering eight B vitamins which play an essential role in certain bodily functions.
- **Sodium** Mineral that's essential in controlling your body's fluid balance and maintaining body electrolytes
- **Stevia Leaves** Natural sweetener

### Flavor Options



Lemon  
Lime



Juicy  
Orange

For more information, please contact your Isagenix Independent Associate.



Malaysia/Singapore

## How does AMPED™ Hydrate work?

- Per 10 g (½ stick) serving: 36 Cal; 9 g carb; 110 mg sodium (electrolyte)
- Per serving - mix half (½) sticks of AMPED Hydrate with 240 mL of water
- Available in 24-count sticks (48 servings)
- For everyday usage its 1 serving per day.
- Depending on type of exercise, hydration status, and weather conditions (e.g. high humidity), serving size may be altered to fit the athlete's needs.

