

# WHEY-BASED ISALEAN® SHAKE

## Creamy French Vanilla

<b>Nutrition Facts</b>	
1 serving per container	
<b>Serving size</b>	<b>1 packet (59g)</b>
Amount per serving	
<b>Calories</b>	<b>240</b>
	% Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 2.5g	
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 24g	<b>9%</b>
Dietary Fiber 8g	<b>29%</b>
Total Sugars 10g	
Includes 5g Added Sugars	<b>10%</b>
<b>Protein</b> 24g	<b>48%</b>
Vit. D 10mcg 50%	Calcium 370mg 30%
Iron 0.5mg 2%	Potas. 360mg 8%
Vit. A 450mcg RAE 50%	Vit. C 36mg 40%
Vit. E 6.7mg 45%	Thiamin 0.7mg 60%
Riboflavin 0.9mg 70%	Niacin 7.2mg 45%
Vit. B <sub>6</sub> 1mg 60%	Folate 204mcg DFE 50%
	(120mcg folic acid)
Vit. B <sub>12</sub> 5mcg 210%	Biotin 14mcg 45%
Pantothenic Acid 2mg 40%	Phosphorus 250mg 20%
Iodine 60mcg 40%	Magnesium 160mg 40%
Zinc 5mg 45%	Selenium 22mcg 40%
Copper 0.45mg 50%	Manganese 1.2mg 50%
Chromium 28mcg 80%	Molybdenum 27mcg 60%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Exclusive Myo-IsaLean® Complex [whey protein concentrate (undenatured), milk protein concentrate (undenatured), low-heat nonfat dry milk], digestion-resistant maltodextrin, sunflower oil powder, fructose, natural flavors, cellulose, xanthan gum, chia seed powder, medium-chain triglyceride oil powder, cinnamon powder, Ionic Alfalfa™ (*Medicago sativa*) stem and leaf extract, magnesium oxide, tricalcium phosphate, potassium citrate, enzyme blend [lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), invertase (from *Saccharomyces cerevisiae*), protease (from *Aspergillus oryzae*), amylase (from *Bacillus subtilis*), bromelain (from *Ananas comosus*), papain (from *Carica papaya*), acid stable protease (from *Aspergillus niger*)], sea salt, vitamin C (ascorbic acid), magnesium stearate, silicon dioxide, molybdenum yeast, manganese gluconate, vitamin E succinate, potassium iodide, stevia (*Stevia rebaudiana*) leaf extract, niacinamide, zinc oxide, vitamin A (beta carotene), vitamin D3 (cholecalciferol), copper gluconate, chromium chloride, sodium selenite, vitamin B5 (d-calcium pantothenate), biotin, vitamin B6 (pyridoxine HCl), *Lactobacillus acidophilus*, vitamin B2 (riboflavin), vitamin B1 (thiamin HCl), vitamin B12 (cyanocobalamin), folic acid, methylfolate (L-5-methylfolate calcium)

**Contains milk ingredients.**



SOY-FREE



GLUTEN-FREE



LOW-GLYCEMIC



NON-GMO