

WHEY-BASED ISALEAN® SHAKE

Creamy Dutch Chocolate

Nutrition Facts	
1 serving per container	
Serving size	1 packet (61g)
Amount per serving	
Calories	240
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 3g	
Cholesterol 50mg	17%
Sodium 230mg	10%
Total Carbohydrate 24g	9%
Dietary Fiber 8g	29%
Total Sugars 10g	
Includes 6g Added Sugars	12%
Protein 24g	48%
Vit. D 10mcg 50%	• Calcium 370mg 30%
Iron 2.5mg 15%	• Potas. 430mg 10%
Vit. A 450mcg RAE 50%	• Vit. C 36mg 40%
Vit. E 6.7mg 45%	• Thiamin 0.7mg 60%
Riboflavin 0.9mg 70%	• Niacin 7.2mg 45%
Vit. B ₆ 1mg 60%	• Folate 204mcg DFE 50%
	(120mcg folic acid)
Vit. B ₁₂ 5mcg 210%	• Biotin 14mcg 45%
Pantothenic Acid 2mg 40%	• Phosphorus 250mg 20%
Iodine 60mcg 40%	• Magnesium 160mg 40%
Zinc 5mg 45%	• Selenium 22mcg 40%
Copper 0.45mg 50%	• Manganese 1.2mg 50%
Chromium 28mcg 80%	• Molybdenum 27mcg 60%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Exclusive Myo-IsaLean® Complex [whey protein concentrate (undenatured), milk protein concentrate (undenatured), low-heat nonfat dry milk], natural Dutch cocoa powder, fructose, sunflower oil powder, digestion-resistant maltodextrin, cellulose, xanthan gum, chia seed powder, natural flavors, medium-chain triglyceride oil powder, Ionic Alfalfa™ (*Medicago sativa*) stem and leaf extract, magnesium oxide, tricalcium phosphate, potassium citrate, sea salt, enzyme blend [lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), invertase (from *Saccharomyces cerevisiae*), protease (from *Aspergillus oryzae*), amylase (from *Bacillus subtilis*), bromelain (from *Ananas comosus*), papain (from *Carica papaya*), acid stable protease (from *Aspergillus niger*)], vitamin C (ascorbic acid), magnesium stearate, silicon dioxide, molybdenum yeast, stevia (*Stevia rebaudiana*) leaf extract, cinnamon powder, manganese gluconate, vitamin E succinate, potassium iodide, niacinamide, zinc oxide, vitamin A (beta carotene), vitamin D3 (cholecalciferol), copper gluconate, chromium chloride, sodium selenite, vitamin B5 (d-calcium pantothenate), biotin, vitamin B6 (pyridoxine HCl), *Lactobacillus acidophilus*, vitamin B2 (riboflavin), vitamin B1 (thiamin HCl), vitamin B12 (cyanocobalamin), folic acid, methylfolate (L-5-methylfolate calcium)

Contains milk ingredients.

