

# IsaLean® Soup

CLASSIC CREAMY CHICKEN  
SAVORY TOMATO

A nourishing, low calorie meal replacement that satisfies your hunger with warm goodness, while supporting healthy weight management.

## Why IsaLean Soup is the perfect hearty food for people on the go:

- Our savory IsaLean Soups provide incredible nutrition with 18 grams of the highest-quality whey protein, 5 grams of fiber, vitamins and minerals, as well as healthy fats and energy-boosting carbohydrates. Your body gets the nutrients and nourishment it needs for lasting energy.
- IsaLean Soups can help reduce cravings and keep you feeling satisfied for hours. Active enzymes maximize nutrient absorption.
- IsaLean Soup comes in two delicious flavors and are low in sodium and calories.
- A tasty alternative to the IsaLean Shake, enjoy IsaLean Soup as part of your Cleansing and Fat Burning System to maximize weight-loss, while safely lowering your caloric intake.
- Our high-quality undenatured whey protein comes from a New Zealand dairy group whose cows are pasture-fed and not treated with hormones or antibiotics.



**Directions**—Place 2 scoops of soup into mug or bowl; add 8 oz. of hot (not boiling) water and mix thoroughly with spoon, fork or whisk. Let steep for 2 minutes and enjoy as a delicious meal or snack. For maximum nutritional benefit, enjoy your IsaLean Soup within 10 minutes of preparing.

**Important:** Do not mix hot liquids in a blender or sealed container. Children, aged 3 – 11, can have a half serving (1 scoop mixed in 4 oz. of water.) Not intended as a meal replacement for children.

**Note:** If you are pregnant, nursing, diabetic, on medication, have any medical condition, or are beginning a weight control program, consult your physician before using this product or making any other dietary changes. Discontinue use if allergic reaction occurs.

**Please see reverse side for nutritional facts and ingredients.**

# IsaLean® Soup

## Frequently Asked Questions

### What makes IsaLean Soup unique?

IsaLean Soups are a complete meal, providing you with maximum nutrition and minimal calories. IsaLean Soup contains high-quality whey protein from New Zealand, where the cows are pasture-fed and not treated with hormones or antibiotics. The protein is extracted from the milk using an exclusive, proprietary technology. Isagenix® has sole access to this exclusive manufacturing process, meaning no other company in the world can mimic what we have done to produce our whey protein concentrate. Using this proprietary technology, IsaLean Soups contain lower lactose levels and a higher amino acid profile.

### Why is IsaLean Soup so important for the body?

Our IsaLean Soup provides maximize nutrition while minimizing calorie intake for safe weight loss. IsaLean Soup contains superior nutrition compared to other meal alternatives on the market.

### Can children eat IsaLean Soup?

Yes! Adults and children alike can benefit from the high-quality nutrition found in IsaLean Soup. They taste great and can be used as a total meal replacement or a great healthy snack.

### Classic Creamy Chicken

#### Nutrition Facts

Serving Size 2 Scoops (1/2 cup) 61g	
Servings per Container 14	
<b>Amount per Serving</b>	
<b>Calories 250</b>	Calories from Fat 40
Calories from Saturated Fat 15	
<b>% Daily Value*</b>	
<b>Total Fat 4.5g</b>	7%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 2g	
<b>Cholesterol 20mg</b>	7%
<b>Sodium 670mg</b>	28%
<b>Potassium 260mg</b>	7%
<b>Total Carbohydrate 30g</b>	10%
Dietary Fiber 4g	16%
Sugars 5g	
<b>Protein 20g</b>	40%
Vitamin A 50%	Vitamin C 40%
Calcium 50%	Iron 20%
Vitamin D 80%	Vitamin E 40%
Thiamin 50%	Riboflavin 60%
Niacin 45%	Vitamin B <sub>6</sub> 70%
Folate 80%	Vitamin B <sub>12</sub> 200%
Biotin 45%	Pantothenic Acid 45%
Phosphorus 30%	Iodine 40%
Magnesium 30%	Zinc 45%
Selenium 40%	Copper 35%
Manganese 70%	Chromium 80%
Molybdenum 60%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400 mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat - 9 • Carbohydrates - 4 • Protein - 4	

**Ingredients:** Whey protein, milk protein, chicken base (Potato flakes, Corn starch, evaporated Cane juice, non fat milk, Corn powder, Corn flakes, butter powder, rendered chicken, whey, Onion powder, Parsley leaves, yeast extract, Garlic powder, Safflower oil, spices), esters of fatty acids, cellulose, natural flavors, spices, guar gum, tricalcium phosphate, magnesium oxide, Ionic Alfalfa™ (*Medicago sativa*), soy lecithin, magnesium stearate, *Lactobacillus acidophilus*, Yucca root powder, magnesium citrate, copper chelate, vitamin C (ascorbic acid), silicon dioxide, biotin, niacinamide, zinc oxide, vitamin A (beta carotene), manganese chelate, iodine chelate, selenomethionine, vitamin B5 (d-calcium pantothenic acid), chromium amino acid chelate, vitamin E (mixed tocopherols), vitamin B6 (pyridoxine hydrochloride), molybdenum amino acid chelate, enzyme blend (bromelain (from *Ananas comosus*), lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), protease (from *Aspergillus oryzae*), papain (from *Carica papaya*), alpha amylase (from *Bacillus subtilis*), acid stable protease (from *Aspergillus niger*)), vitamin B12 (cyanocobalamin), vitamin B2 (riboflavin), thiamine (thiamine hydrochloride), folate (folic acid) and vitamin D3 (cholecalciferol).

**Contains milk and soy (lecithin) ingredients.**

### Savory Tomato

#### Nutrition Facts

Serving Size 2 Scoops (1/2 cup) 61g	
Servings per Container 14	
<b>Amount per Serving</b>	
<b>Calories 240</b>	Calories from Fat 25
Calories from Saturated Fat 10	
<b>% Daily Value*</b>	
<b>Total Fat 3.0g</b>	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 1.5g	
<b>Cholesterol 15mg</b>	5%
<b>Sodium 410mg</b>	17%
<b>Potassium 590mg</b>	17%
<b>Total Carbohydrate 32g</b>	11%
Dietary Fiber 5g	20%
Sugars 5g	
<b>Protein 18g</b>	36%
Vitamin A 50%	Vitamin C 40%
Calcium 50%	Iron 20%
Vitamin D 80%	Vitamin E 40%
Thiamin 50%	Riboflavin 60%
Niacin 45%	Vitamin B <sub>6</sub> 70%
Folate 80%	Vitamin B <sub>12</sub> 200%
Biotin 45%	Pantothenic Acid 45%
Phosphorus 35%	Iodine 40%
Magnesium 30%	Zinc 45%
Selenium 40%	Copper 35%
Manganese 70%	Chromium 80%
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* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
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Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400 mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat - 9 • Carbohydrates - 4 • Protein - 4	

**Ingredients:** Tomato powder, whey protein, milk protein, natural flavors, soup base (Corn starch, evaporated Cane juice, Onion powder, salt, Tomato powder, Garlic powder, yeast extract, Safflower oil, spices), esters of fatty acids, honey powder, cellulose, Beet root juice powder (for color), tricalcium phosphate, guar gum, magnesium oxide, sodium chloride, Ionic Alfalfa™ (*Medicago sativa*), soy lecithin, spice, magnesium stearate, *Lactobacillus acidophilus*, maltodextrin, Yucca root powder, magnesium citrate, copper chelate, vitamin C (ascorbic acid), silicon dioxide, biotin, niacinamide, zinc oxide, vitamin A (beta carotene), manganese chelate, iodine chelate, selenomethionine, vitamin B5 (d-calcium pantothenic acid), chromium amino acid chelate, vitamin E (mixed tocopherols), vitamin B6 (pyridoxine hydrochloride), molybdenum amino acid chelate, enzyme blend (bromelain (from *Ananas comosus*), lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), protease (from *Aspergillus oryzae*), papain (from *Carica papaya*), alpha amylase (from *Bacillus subtilis*), acid stable protease (from *Aspergillus niger*)), vitamin B12 (cyanocobalamin), vitamin B2 (riboflavin), thiamine (thiamine hydrochloride), folate (folic acid) and vitamin D3 (cholecalciferol).

**Contains milk and soy (lecithin) ingredients.**

Contact your Isagenix® Independent Associate:



\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any diseases.